From Patient to Donor: An Inspiring Story of Compassionate Care

Sun, a former patient of the Virginia Garcia Beaverton Wellness Center under the care of Dr. Gregory Holles, found herself relocating to Forest Grove just before the pandemic hit, prompting a necessary transition to a new primary care physician.

Her journey with mental health had been arduous, marked by feelings of sadness, anxiety, and chronic fatigue. Sun’s mental health reached a critical point with a suicide attempt, an experience that left her feeling stereotyped and misunderstood by some healthcare professionals. Sun felt that many healthcare providers were quick to dismiss her concerns, attributing her symptoms solely to depression, and would recommend adjusting her antidepressant. However, her encounters with Dr. Holles stood in stark contrast to these experiences.

“Dr. Holles treated my words with weight and treated me like I deserved respect. As a young Asian woman, that is a rare experience for me. He’s also just a good diagnostician.”

During one of Sun’s appointments, Dr. Holles noticed her absentmindedly massaging her shins. He asked what was going on there. Sun opened up about the shooting pains she experienced in her legs, a symptom she had previously dismissed as insignificant. Following a series of assessments and discussions, Dr. Holles arrived at a diagnosis that would change Sun’s life: fibromyalgia.

“It took some time for me, but that diagnosis changed my life. Everything made sense. Guilt and confusion lifted off me. I thought I had a mental illness but turns out anyone in constant pain would feel depression, anxiety, and fatigue.”

Sun recently made a gift to Virginia Garcia as a gesture of appreciation for the compassionate care she received. When our team reached out to thank her, Sun shared that her gift was inspired by a promise she had made to Dr. Holles years ago to give back to the clinic that changed the trajectory of her life.

“So, I’m doing much better now. I’m eating more, resting more, doing low-impact exercise, being kinder to myself. My baby is turning two this summer.”

Sun’s story is one of hope and inspiration. Thanks to the many supporters who join us in our mission, we are able to provide this life-changing care to those who rely on Virginia Garcia as their health care home.
Health Care Symposium Recording and Links are Available Now

Thank you to all who joined us at our virtual Health Care Symposium on April 24. If you were unable to attend or would like to revisit the webinar, a recording is available on our website. We have compiled all relevant links into a list to ensure you do not miss out on any of the valuable information and resources shared during the event.

WATCH THE SYMPOSIUM AND ACCESS LINKS HERE

Spring Campaign Match Update

Our Spring Campaign has successfully raised $87,530 to support our Farmworker Outreach and Pharmacy Cost-Assist programs this summer. Big thanks to our amazing donors who have stepped forward to make a difference in the lives of our community members impacted by these two programs. Your contributions have already made a significant impact, and we are immensely grateful for your support.

But we are not done yet! We have an ambitious goal of raising $120,000 to support our patients and every donation, regardless of its size, makes a big difference. These programs support vital healthcare services and ensures access to medications for those who rely on us. And right now, we have the opportunity to maximize our matching challenge – we have just $6,235 to meet the challenge.

Together, let's continue making a positive impact in our community.

JOIN US AND MAKE A GIFT TODAY

Give Through a Donor-Advised Fund

Support Virginia Garcia's mission with your donor-advised funds - the streamlined alternative to private foundations. Similar to a charitable savings account, donor-advised funds empower you to guide the flow of support to organizations like Virginia Garcia Memorial Foundation. You decide when and how much to grant and if you want to support specific programs that are meaningful to you, all while maximizing tax benefits. By leveraging donor-advised funds, you play a pivotal role in sustaining vital healthcare services.
benefits. By leveraging donor-advised funds, you play a pivotal role in sustaining vital healthcare services for communities across Washington and Yamhill counties.

Already utilizing a donor-advised fund? Direct a grant towards Virginia Garcia.