

SUMMER 2024

Newsletter

BEAUTY ENERGY EXCHANGE



Hi, Its Nyree!

Happy Summer☀!!! You still have a little more time to get your peels and microneedling in before our perfect, sunny, warm San Diego weather starts! I'm so excited for the newest BEE addition, PRP. Did you know that PRP can be used with microneedling (aka Vampire🧛 Facial) to get you gorgeous glowing skin, can be injected into the undereye👁 area to help with wrinkles, hollowing and dark circles, and can even be used for hair restoration? In this 4th newsletter, I talk about PRP and its use

in the undereye area, share my specials and why you need Alastin Skin Nectar. Lily got to pick the BEE 🐝 Beauty for this edition, she chose Jackie, an amazing 72 year old hairdresser at Salon Diego who not only gives Lily the best dog treats while looking out for her figure, but is the definition of gorgeous inside and out. Finally, there are some awesome events this month for you to check out!

Enjoy!!!

BEE Beauties

All Eyes On Jackie Aldridge, Hairdresser at Salon Diego

1. Best part of aging?

Living , really enjoying life

2. What makes you feel beautiful and confident?

Look at me, obviously my looks 😊 -

3 Goal for 2024?

Cruise November to Mexican Riviera

5. Top 5 things you are grateful for?

I am grateful for God, my family- great nieces and nephews, my dog Little Man, to be alive, and, I still get to work as a hairdresser at 72 years old!

6. Anything interesting about you that you want to share? I ❤️ working in the yard



SUMMER 2024

BEE SPOTLIGHT

TREATMENT OF THE MONTH: PRP UNDEREYE INJECTIONS



What is PRP?

PRP stands for Platelet Rich Plasma. It comes from your own blood that has been spun at a high rate in a centrifuge to separate out the plasma and platelets from the red and white blood cells. PRP is often referred to as “liquid gold” because it is gold in color and rich in growth factors.

Growth factors are important because they speed up stimulate the production of hyaluronic acid and collagen, which helps improve elasticity and plumpness of the skin.

What is PRP for undereyes?

PRP for undereyes is a non-surgical all-natural regenerative treatment that uses growth factors from PRP to rejuvenate the undereye area. This cosmetic procedure reduces fine lines, improves undereye pigmentation, and the appearance of hollow/sunken undereye area.

This injection treatment can be combined with microneedling to get even better results for treating fine lines, and wrinkles.

FAVORITE PRODUCT

I ♥ Alastin. It’s like the cherry on top of a great skin regimen (vitamin C serum, retinol, mineral sunscreen), and helps your skin to go from really good, to amazing!

Alastin is known for their TriHex Technology.

TriHex is a blend of peptides and key ingredients that REMOVE aged, damaged collagen and elastin, REBUILD new collagen and elastin, and continuously REPLENISH. Think of it like gardening - clear the weeds, plant the seeds, and fertilize and water.

Regenerating Skin Nectar is awesome for enhancing microneedling results - so that you get smoother, brighter, more youthful looking skin afterward, and heal faster.

For best results, start 2 weeks before your treatment to strengthen the skin, and continue to use after the procedure.



Monthly Specials

Microneedling with PRP

- 1 session for \$550 (\$50 savings)
- 3 sessions for \$1400 (\$400 savings)

cannot be combined with other offers



PRP Undereye Injections

- 1 treatment for \$500 (\$50 savings)
- 3 treatments for \$1350 (\$300 savings)

cannot be combined with other offers

Skincare Specials:

- Alastin Skin Nectar
20% off
- ALL SPF Products
20% off



SUMMER 2024

Upcoming Events

What's Happening

**Weight Gain in
Perimenopause & Menopause
Thursday, June 13th
6:30-8 pm
@ Beauty Energy Exchange
1050 Rosecrans St, #8
San Diego, CA 92106
(858) 330-2477**

**Gentle Breathwork
Monday, June 17th
6:30 - 8 pm
@ Beauty Energy Exchange**

**Chinese Medicine &
Acupuncture for
Women's Health
&
Hormones
Thursday, June 27th
6:30-8 pm
@ Beauty Energy Exchange**



Dr. Fry answers all of your questions about perimenopause and menopause - including hormonal changes, symptoms, hormone replacement therapy and other treatments for symptoms, weight gain and weight loss, Ozempic, and Mounjaro



Gentle Breathwork with Tobey Geise to benefit Frosted Faces Foundation! \$33 donation required. Please bring a yoga mat, pillow, and blanket.



Join Acupuncturists Lisa Pugliese & Dr. Riann Bullock from Concept Wellness to discuss natural healing for perimenopause and menopause with Chinese Medicine