

DFW Area Brain Injury Support Groups

Online:

Baylor Virtual

TBI Education Class- Every Wednesday @ 1:00 PM

TBI Support Group (Strive 2 Thrive) 1st and 3rd Mondays @ 6:30 PM

TBI Support Group (Strive 2 Thrive 2nd and 4th Mondays @ 1:00 PM)

For more Info contact: Audrey.Self@BSWHealth.org (214-519-4778) or

Jasmine.HerreraMartinez@bswhewhealth.org

Last Updated 8/24/23

Team Luke Hope for Minds

(Brain and SCI Caregiver Support Group)

For children 18 and under, and their families.

Teamlukehopeforminds.org

For more info call: 806-773-8030 [Tim Siegal]

Last Updated 8/22/23

Rehab Without Walls

BI Virtual Connect (Brain Injury Community - virtual connect group)

Every Wednesday each month at 12 pm on Zoom

For meeting info email: Veronica.Corrin@rehabwithoutwalls.com [Veronica Corrin, OT]

Call: (713) 781-1428

Last Updated 8/22/23

Rehab Without Walls

Coffee Chat (Informal Conversations)

Every Friday 9:00- 10:00 AM on Zoom

For meeting info email: Veronica.Corrin@rehabwithoutwalls.com [Veronica Corrin, OT]

Call: (713) 781-1428

Last Updated 8/22/23

1st Wednesday @ 3:00-4:30

(Stroke Survivors and Caregivers)

Texas Health Resources

Sign up 24 hours in advance on website

<https://events.texashealth.org/WLP2/classes/info/B3S0065B>

Last Updated 9/7/23

DFW Area Brain Injury Support Groups

Allen:

1st & 3rd Tuesday each month at 5:30pm

Post-Acute Medical Rehabilitation Hospital

1001 Raintree Circle Allen, TX 75013

Meet in Team Conference Room

For more info call: 972-908-2000 [Anna]

Last Updated 10/2023

Arlington:

~~2nd Tuesday each month from 1:00 – 2:30 p.m.~~

~~*(simultaneous support groups for TBI survivors & caregivers)*~~

~~First Baptist Church~~

~~301 South Center Street, Suite 214, Arlington, TX 76010~~

~~Meet at Center for Counseling and Enrichment~~

~~**For more info call:** 817-983-1087 [Deana]~~

~~3rd Saturday each month from 2:00 – 3:00 p.m.~~

~~*(stroke focus, but open to all ABI survivors)*~~

~~Medical Center of Arlington Hospital~~

~~3301 Matlock Road, Arlington, TX 76015~~

~~Meet in Cafeteria-PDR~~

~~**For more info call:** 817-525-4691 [Rachel]~~

Dallas:

1st Tuesday of each month at 1 – 2:30 pm

Dallas Acquired Brain Injury Support Group

(Both family and ABI/TBI survivors are welcome)

Zale Lipshy Pavilion – William P. Clements Jr. University Hospital

5151 Harry Hines Blvd., Dallas, TX 75390

Conference Room 1, FIRST FLOOR

For more info email: jessica.watson3@utsouthwestern.edu [Jessica Watson]

Last Updated 9/11/2023

2nd Tuesday each month at 6:30 p.m.

Support Challenge Inspire

(Spinal Cord Injury Survivors)

DFW Area Brain Injury Support Groups

Baylor Scott & White Institute for Rehabilitation - Meet in 2nd floor PT Gym
909 N. Washington Ave. Dallas, TX 75246

Refreshments Provided

Free parking with no voucher in Lot 27 off Washington & Floyd

For more info call: 214-820-9578 [Lea Goad] **Email:** lgoad@bswrehab.com

Last Updated 8/24/2023

~~4th Thursday of each month at 6-7pm~~

~~THE JOURNEY~~

~~Zale Lipshy Pavilion — William P. Clements Jr. University Hospital
5151 Harry Hines Blvd., Dallas, TX 75390~~

~~Conference room CR-1, FIRST FLOOR~~

~~**For more info email:** Mara.Salas@UTSouthwestern.edu [Mara]~~

Denton:

2nd Thursday each month 5:00 – 6:30 pm

Select Rehab

940-297-6500

2620 Scripture St, Denton, TX 76201

Last Updated 10/2023

One Monday each month (it changes each month) 6:30 – 7:30 pm

(University of North Texas - Aphasia Support Group)

Location changes each month

For more info call: (940) 369-8226 [Stacy] **Email:** stacy.nunnelee@unt.edu

Last Updated 10/2023

Frisco:

~~2nd Tuesday each month 6:00 – 7:00 pm~~

~~Baylor Institute for Rehabilitation~~

~~2990 Legacy Drive, Frisco, TX 75034~~

~~Meets in Cafeteria~~

~~**For more info email:** kirunkle@bir-rehab.com [Kirsten]~~

Fort Worth:

1st Saturday each month from 10:00 – 11:30 am

DFW Area Brain Injury Support Groups

DFW Concussion Support Group

Arborlawn UMC Family Life Center, Adult & Childrens Education Center

5001 Briarhaven Rd, Fort Worth, TX 76109

For more info call: 214-718-7464 [Kristi Ferguson] **Email:** dfwconcussion@gmail.com

Last Updated 9/7/23

2nd Tuesday each month from 1:00 – 2:30 pm

Hope after Brain Injury Fort Worth, www.hopeafterbraininjury.org

The Connection Building, Pantego Bible Church

8200 Anderson Blvd, Fort Worth, TX 76120

For more info call: 817-983-1087 [Deana Adams] **Email:** adamsdeana@yahoo.com

Last Updated 8/17/23

2nd Monday each month from 1:00 – 3:00 p.m.

Aphasia ONLY!

Center for Neuro Skills (CNS)

6940 Harris Parkway, Fort Worth, TX 76132

For more info email: kscheirman@neuroskills.com [Kristen]

Last Updated 8/17/23

3rd Tuesday of each month 6 p.m.

TBI and Stroke - In Person and online

Baylor Scott & White

6601 Harris Parkway, Fort Worth, TX 76132

In person meets in Cafeteria and online meets on Zoom

Zoom Meeting ID: 574-636-6193

For more info email: HeKnight@bswrehab.com [Heather]

Last Updated 8/22/23

1st Wednesday @3:00-4:30

(Stroke Survivor and Caregivers)

Texas Health Hospital

In the Cafeteria

Texas Health Harris Hospital, Therapy Service Department

1301 Pennsylvania Avenue, Fort Worth, TX 76104

Register 24 hours in advance online at

<https://events.texashealth.org/WLP2/classes/info/B3S0065B>

Last Updated 9/7/23

DFW Area Brain Injury Support Groups

2nd Thursday each month 1:30 – 3:00 pm

(check soon)

Fort Worth ABI & Caregiver Support Group

Texas Health Harris Hospital, Therapy Service Department

1301 Pennsylvania Avenue, Fort Worth, TX 76104

For more info call: 817-250-2445 [Dorothy Conway]

Email: dorothyconway@texashealth.org

www.texashealth.org/fortworth/pages/patients-and-Visitors/Support-Groups.aspx

Unable to confirm dates/times 9/7/23

1st Wednesday each month 4:00 – 5:00 pm

Stroke Folks Fort Worth

Texas Rehab Hospital, Physical Therapy GYM

425 Alabama Avenue, Fort Worth, TX 76104

For more info call: 866-455-2810 [Mark Stevens] **Email:** markstevens@texashealth.org

www.texashealth.org/fortworth/pages/patients-and-Visitors/Support-Groups.aspx

Last Updated 8/30/23

3rd Friday each month 11:30am – 12:45 pm

Aphasia Support Group

Heart Center Education Classroom- Ground Level

1303 Pennsylvania Avenue, Fort Worth, TX 76104

For more info call: 817-250-2760 **Email:** Therapyservices@texashealth.org

Last Updated 8/22/23

Grapevine:

~~**3rd Monday each month 6:30-8:00pm**~~

~~(Caregivers Support Group)~~

~~Ethicus Hospital Cafe~~

~~4201 William Tate Avenue, Grapevine, TX 76051~~

~~**For more info call:** 817-288-1300~~

3rd Thursday each month 6:00 – 7:00 pm

Virtual Only

For more info call: 817-329-2524 **Email:** rabressler@bswrehab.com

Last Updated 10/13/2023

Irving:

DFW Area Brain Injury Support Groups

~~2nd Wednesday each month 3:00 – 4:00 pm~~

~~Irving Stroke Support Group~~

~~Baylor Scott & White Medical~~

~~Office Building II, 5th Floor Rehab Unit~~

~~1901 North MacArthur Boulevard, Irving, TX 75061~~

~~For more info call: 972-579-8511 [Renee]~~

~~Email: Renee.Vickers@BSWHealth.org~~

Every Friday 1:00 - 2:00pm

(Aphasia Only)

Center for Neuro Skills (CNS)

4851 Regent Blvd. Suite 200, Irving, TX 75063

Last Updated 9/11/23

McKinney:

~~2nd Wednesday each month 11:00 – 12:30 pm~~

~~Medical City McKinney~~

~~4500 Medical Center Drive, McKinney, TX 75069~~

~~Meet in Classrooms 3 and 4~~

~~For more info call: 972-548-5491 [Jennifer]~~

~~(RSVP is appreciated 1 week in advance)~~

Mesquite:

~~4th Wednesday 6:30 – 8:00 pm~~

~~Mesquite Arts Center, 2nd floor conference room~~

~~929 N. Galloway Avenue, Mesquite, TX 75149~~

~~For more info call: 214-402-4049 [Dee R.]~~

Plano:

Every Wednesday, 2:00-3:00 pm, Virtual and In-Person

Problem Solver's Support Group

Brain Injury Support Group

Brain Injury Network of Dallas (BIND) Clubhouse

1416 Gables Court, Plano, TX 75075

For more info email: jbrown@braininjurysw.org [James Brown]

DFW Area Brain Injury Support Groups

Last Updated 12/2024

~~First Wednesday of every month 3:00-4:00pm~~

~~Stroke Support Group~~

~~Medical City Plano~~

~~4001 W 15th Street Plano, TX 75075~~

~~Building 3 Community Classroom~~

~~(1st floor of the Physician's Office Building across Coit). Parking is free in the attached garage. Enter the first floor from the garage and it will be the first classroom on the left.~~

~~For more info email: Cathleen.Poitevint@hcahealthcare.com [Cathy Piotevint, RN]~~

1st Friday each month 2:00 – 3:00 pm

Accel Rehabilitation Hospital

2301 Marsh Lane, Plano, TX 75093

For more info call: 972-695-6479 [Nikole]

Last Updated 10/2023

2nd Tuesday each month 7:00 – 9:00 pm

Grey Matters North Texas Brain Tumor Support Group

Encompass Health Rehabilitation Hospital

2800 West 15th Street, Plano, TX 75075

For more info call: 972-618-1549 [Bill]

972-333-7783 [Donna]

GreyMattersNorthTexas@yahoo.com [Karen]

www.Greymatters.us

Last Updated 10/2023

Richardson:

1st Thursday each month 1:00 – 3:00 pm

(Focus on stroke and Parkinsons)

St. Barnabus Church (door in back side of church)

1220 W. Belt Line Rd., Richardson, TX 75080

For more info call: 972-495-0539 [MaryJo Costello] **Email:** maryjocost@gmail.com

Last Updated 10/2023

4th Friday each month 1:30 – 3:00 pm

HealthSouth Rehabilitation Hospital

3351 Waterview Parkway, Richardson, TX 75080

DFW Area Brain Injury Support Groups

Meets in Cafeteria

For more info call: 972-400-2196 [Laura]

Last Updated 10/2023

Weatherford:

~~1st Monday each month 4:00—5:00 pm~~

~~Stroke Club Weatherford~~

~~(Guest speakers each month)~~

~~Weatherford Regional Health Center~~

~~713 E. Anderson Street, Weatherford, TX 76086~~

~~For more info call: 817-341-9911 [Mark Greer]~~

Please email or call Brain Injury Network with any information on changes or additions to support groups in the area: outreach@thebind.org or 972-769-BIND (2463)