# DIABETES EDUCATION SERVICES





### Diabetes Education services for Children, Adolescents and Adults



# Diabetes Education Services for Adults

We can provide support and education for adults and their families living with Diabetes including:

- type 1 diabetes
- type 2 diabetes
- gestational diabetes
- pre-diabetes education
- newly diagnosed education
- self-management support
- · complication prevention and screening
- insulin pump starts
- hypoglycaemia prevention and management
- Continuous Glucose Monitoring (CGM)
  initiation

### **Group Support**

Amity Health is a DESMOND & SMART's (Diabetes WA) workshop provider.

Our Diabetes Educators can also run education workshops to groups and workplaces on request.

#### Diabetic Education Services for Children & Teens

We provide support and education for parents, carers and children living with diabetes.

- We have a collaborative relationship with Perth Children's Hospital Type 1 Diabetes team, who visit Amity Health four times a year to conduct clinics.
- Parents and carers of children with type 1 diabetes can request school education sessions to enable their child to feel understood and supported throughout their school years.
- We can help your child transition to adult support services when needed.





Providing Health & Wellbeing Solutions

#### Contact Us:

Our friendly team would be happy to assist with your enquiries.

We are open from Monday to Friday from 8.00 am to 5:00 pm and can be contacted on:

- t: (08) 9842 2797
- e: query@amityhealth.com.au

Or you may like to visit our website at: www.amityhealth.com.au

Amity Health is located at: 136 Lockyer Avenue Albany, Western Australia 6330



Amity Health is a registered NDIS provider.

# **Referral Options**

To access our diabetes education services, you can self-refer by using the referral form on our website or, see your GP for a referral.

- If you are eligible for a care plan and your GP decides that you would benefit from seeing a Diabetes Educator, you may be allocated up to five visits that will be partially Medicare funded.
- If your GP has referred you to the Integrated Chronic Disease Care funded program, your diabetes education will be fully funded.



# Appointment options for assessment and ongoing treatment:

- face-to-face appointments in Albany, Denmark, Mount Barker and Walpole
- telehealth

## What is a Diabetes Educator?

Diabetes Educators are University qualified health professionals and have skills to provide expert advice to groups and individuals.

At Amity Health, our Diabetes Educators will assess your level of knowledge and current needs to provide individualised, personcentred advice on how to manage your condition.





Our Diabetes Educators will work with you, your child and/or your carer to devise a realistic plan that suits lifestyle, food preferences and individual health needs.