



A Place to Explore
Connect
Belong

PREPARING YOUR CHILD FOR THE SUMMER OF THEIR LIFE

A guide for Camp Moraine Parents, Campers, and Alumni

2024

Information Handbook

Day Camp

Camp Moraine
701 Cabot Street, Beverly, MA

2024 Session Dates

One Week Summer Camp

Session 1	June 24 – June 28
Session 2	July 1 – July 3
Session 3	July 8 – July 12
Session 4	July 15 – July 19
Session 5	July 22 – July 26
Session 6	July 29 – August 2
Session 7	August 5 – August 9
Session 8	August 12 – August 16
Session 9	August 19 – August 23

\$50 Deposit per camper due with Application* – Final Payment due June 1st

Automatic monthly payment plan is available by credit card

Financial Assistance to Camp Moraine is available on a per request basis

*Only applicable to Summer Sessions



THE MORAINE EXPERIENCE

What my child can expect at Camp Moraine

15 Acres of forests, wetlands and meadows on the shore of Lake Wenham is home to Camp Moraine. Our summer day camp encompasses a natural environment within the historic Moraine Farm from which camp takes its name. As a nonprofit focused on youth development, our mission is to provide enriching experiences to help children develop the confidence and skills to live a healthy and prosperous life.

Camp is where campers create art, make fires and friends, try archery and wood whittling, and explore drama and the outdoors. But camp is much more than that. At Moraine, campers and counselors work together, learn new skills, and build an honest, caring and respectful community where everyone grows. Our programs utilize our natural surroundings and require a can-do attitude, cooperation, and age-appropriate independence.

Active and successful participation in the day camp experience at Camp Moraine entails the ability to independently, safely and cooperatively:

- Be able to play, build, explore, create, learn, perform, investigate, discover, collaborate, communicate and laugh respectfully with all other participants
- Exhibit suitable behavior without needing more than the usual amount of individual attention
- Be responsible for personal care and individual health and safety
- Follow a varied individual and group activity schedule and manage free time with varying levels of support based on age
- Maneuver rugged and steep terrain and distances between activities that are part of the natural surroundings
- Understand and respond to group instruction for most of the activities offered at camp
- Join in group activities that build community, such as singing, campfires, and community circles.
- Act appropriately in case of an emergency
- Contribute positively to the overall spirit of the camp community

Camp Moraine endeavors to arrange reasonable accommodations to make camp accessible while preserving the rustic facilities, natural surroundings and quality of the camping experience for all.

Non-Discrimination Policy

Rules for acceptance and participation in the program are the same for everyone, without regard to gender, gender identity, race, religion, color, handicap or national origin as outlined in the Coniston Experience. In the event of policy or procedure changes you will be notified by email.



ABOUT CAMP MORaine

General Information about our Camp

Camp Moraine is a co-ed day camp located at on the historic Moraine Estate property. The camp is surrounded by over 200 beautiful acres of protected meadows and woodlands. Camp is the perfect place for your child make friendships that will last a lifetime, as well as learn about themselves and the world around them.

Camp Moraines philosophy is to create unforgettable experiences that result in opportunities for self-discovery and camaraderie. We develop activities for our campers that allow them to explore their passions, foster enduring friendships and allows them to be members of a vibrant community. This journey will equip their young minds with the spirit, connectedness and sense of purpose to help them confidently tackle all of life's challenges. Our three guiding principles are:

1. Exploration

- We believe its vital that all children be given the opportunity to explore their passions and dreams. At Camp Moraine, campers can explore what excited them and find the excitement that accompanies the encouragement they will receive in stepping outside their comfort zone.

2. Connection

- Our programming at Camp Moraine is designed to help campers develop the skills necessary to create and foster lifelong friendships. Harvard University recently published a 75 year longitudinal study investigating what makes people flourish; Their conclusion is that strong relationships matter. At Moraine, we help our campers (and staff) develop their skills to help them live rich and fulfilling lives through the bonds they forge.

3. Belonging

- As life drifts further online and natural world around us disappears, our need for strong connections and stewardship to our communities has never been stronger. At Moraine, we provide campers (and staff) the opportunity to be vital in a larger community and help them develop the confidence and tools to transform the world around them.

Camp Ages, Clusters and Pods

While we firmly believe in younger and older children learning together, our camp is focused on creating experiences that develop age-appropriate social emotional skills. Because of this, we have created two 'clusters' at Camp Moraine. Our youngest campers, which will be known as Seedlings require more consistency and supervision and will thus move in a consistent cohort. Our older campers, known as Saplings require more freedom to develop skills like making friends and

stepping out of their comfort zone will follow more individualized activities that will introduce them to a larger swath of campers and ages.

- Seedling Camp: Aged 4 – 6.9
 - Campers in this age group will have a minimum ratio of counselors to campers of 1:5
- Sapling Camp: Aged 7 – 13
 - Campers in this age group will have a minimum ratio of counselors to campers of 1:10

Camp Activities

During each 1 week session, your camper will participate in 3 instructional activities per day which will be based on the program areas they (or you) selected from the Activity Sign-Up form.

While we do our best to schedule your child for their top activity choices, it is sometimes difficult to do so because of enrollment limitations. At the same time, we believe camp is an important place to try new things and hope your camper will be open to exploring new activities and experiences!

In addition to the activities the instructional activities, your camper will participate in larger programs designed for the entire camp and will have access to many supplementary programs during their free time schedule.

Our Staff

Our counselors are comprised of young adults who have completed at least one week of specialized training each year. Many have been counselors or campers at other camps. Staff are chosen for their maturity, commitment to children's growth and a love of the community. All counselors and junior counselors shall be at least three years older than the campers whom they supervise. In addition, each staff and volunteer member shall go through the following background check which must be free of conduct that bears adversely upon their ability to provide for the safety and well-being of the campers.

- Prior work history, including name, address and phone number of a contact person at each place of employment for the previous five years
- Three positive reference checks from individuals not related to the staff person including, but not limited to, previous employers or school administrators.
- Sexual offender registry information check from the Massachusetts Sex Offenders Registry Board for all prospective staff. International staff entering the country pursuant to a visa and who have not previously been in the United States are exempt.

- CORI / Juvenile Report from the Department of Criminal Justice Information Services for all prospective staff
- For prospective staff whose permanent residence is not Massachusetts, the operator shall obtain from the applicants state criminal information system, local chief of police, or other local authority with access to relevant information, a criminal record check or its nationally recognized equivalent.

Per Massachusetts Standards for Recreational Camps, all of our staff will adhere to the following standards:

- **Camp Director(s)**
 - Have successfully completed a course in camping administration such as those offered by national professional camping associations, national agencies, or their equivalent, or Have at least two seasons previous experience as part of the administrative staff of a recreational camp for children
 - Shall have attained 21 years of age
- **Camp Counselors**
 - Have at least four weeks experience as a participant in structured group camping and/or at least four weeks experience in a supervisory role with children; or
 - Have satisfactorily completed a camp counselor orientation program prior to the arrival of campers.
 - Shall have attained 16 years of age.
- **Junior Counselors**
 - Each junior counselor in a recreational camp for children shall have satisfactorily completed a junior counselor orientation program prior to the arrival of campers.
 - Shall have attained 15 years of age.
- **Volunteer Staff**
 - Camp Moraine does not currently employ volunteer staff. If for whatever reason, volunteer staff members do join the team, they will adhere to the same policies and procedures as our hired staff and will be subject to the same background checks.



BEFORE CAMP BEGINS

Things you need to know before your child applies to camp

Applications and Fees

- Application is easy. Simply apply online, and submit a \$50 deposit to Camp for each session. Any additional fee's for each program are listed on the application form.
- Financial aid is available. Please contact KyleO@CampMoraine.org for more information

Financial Terms

- Cancellations:
 - Prior to March 1st: Refund of ½ of your initial \$50 deposit
 - March 2 – April 15: No refund of your deposit
 - April 16 and after: No refund without a doctors note.
- Sessions changes are available. There is a \$50 per camper & session change fee.
- Refunds are not given for camper dismissal, failure to attend, absence, or sick days. Pro-rated refunds will be offered if camp is not able to open due to extreme weather or Covid-19 regulations.
- If you have made the decision to cancel your campers registration, please email Kyle Olson at KyleO@Campmoraine.org with your campers full name, program and dates.
- Payments must be made in US Dollars
- Returned checks are charged a \$25 fee

Special Needs and Accommodation Policy

Camp Moraine will provide services to children with disabilities or any special needs in the same manner as services are provided for other children of comparable age. Camp will make reasonable accommodations that do not fundamentally alter the nature of the camp experience as described in the "Moraine Experience Statement." Requested accommodations shall be reviewed on a case-by-case basis as outlined in the "Policy and Procedures for Accommodations for Special Needs" (available upon request). For campers with limited abilities in high risk activities, the director(s) will work with the seasonal staff to develop appropriate accommodations where applicable and safe to do so.

Expectations of Privacy

While your child is Camp Moraine, camp management acts in loco parentis – this means that we are legally acting as the underage child's parent while they are at camp. If there are any issues, we will always contact the parents/guardians for guidance, but will often need to make decisions before we have the opportunity to call.

Camp Health Policies

At this time, plans do not include widespread covid testing. Individuals may be tested if they are symptomatic. The same as strep, pink eye or any other contagious illness, if positive, campers will be sent home until cleared by the camp's doctor and/or medical staff.

- Parents must complete a new Health History Form electronically each year and provide a full immunization record in order to attend Camp Moraine.
- Your personal health insurance is the insurance in effect while your child is participating in a Camp program.
- All dental problems, including orthodontic appliances, are the parents' responsibility.

Administration of Medication

- All campers who take prescription medications must utilize our prepackaging system.
- All over-the-counter medication must be brought to camp on check-in day properly labeled in its original container for dispensing. Any medication not properly labeled WILL NOT be administered.
- Pharmaceutical and all medical charges incurred by a Camper while at Camp are the responsibility of the parent.

Care for Mildly Ill Campers

- Camp Moraine has a health center located on the first floor of the Waldorf school that will always contain Type A and B First Aid kits which will be utilized appropriately in the administration of non life threatening health care.
- For all instances of health care administration more advanced than the application of a band aid, the Health Care Supervisor will make a detailed entry into the camps medical log.

Emergency Health Care

- Parents will be notified of serious accident or illness of their Camper.
- Camp Moraine has a pediatrician on call and utilizes Beverly Hospital. The parent must assume any other medical and transportation arrangements.
- If campers behaviors, mental, or physical state develop into a condition requiring an abnormal amount of 1-on-1 care, dismissal may be required.
- Once a child is dismissed for any medical reason a doctor's written approval is needed for readmittance in our program. (subject to MA COVID-19 guidance)
- For a full list of Camp Moraines Health and Wellness Policies, please send a formal request to Kyle Olson at KyleO@Campmoraine.org



1 WEEK DAY CAMP

What to bring (and what not!)

Day Camp Packing List:

Use this checklist to be sure your campers have everything they need for their day at camp!

Campers are able and encouraged to bring backpacks to help transport any changes of clothing or excursion supplies.

Weather Appropriate Clothing

- T- Shirt or long-sleeved shirt
- Comfortable Shorts / Pants
- Sweatshirt / light coat
- Rain jacket or Poncho in case of rain
- Swim Suit for hot days
- Comfortable sneakers or rainboots if wet
- Extra pair of socks
- Beach Towel

Lunch & Snacks:

- Packed lunch (does not require refrigeration)
- Healthy snacks

Sun & Insect Protection

- Insect Repellant
- Sunscreen with high SPF (Minimum 25)
- Sunglasses
- Hat or cap to shield from sun

Hydration

- Water Bottle

Other

- Backpack
- Camera (optional)
- Notebook (optional)
- Any specific items / equipment mentioned by camp for special activities

**PLEASE
DO NOT
BRING**

- Phones
- Valuables
- Expensive cameras
- Jewelry
- Pocket knives
- Hatchets
- Duct tape
- Fireworks
- Lighters
- Skateboards
- Roller blades
- Juuls and/or Pods
- Vaporizers or vape products
- Other personal electronics

- Please label ALL clothing and personal items
- Clothing should not be expensive or new
- Please note that Camp is not responsible for lost or stolen items



WHILE YOUR CHILD IS AT CAMP

Life at Moraine

Activity Areas

This list gives some of the activities that we offer. Some are always offered while others are offered based on interest, skill level, age appropriateness or availability of staff to teach. When you sign up for camp, you will receive an official listing of activities offered for the summer / session.

Animal Tracking
Archery
Arts and Crafts
Baking
Basketball
Bee Keeping
Bird Watching
Camp Craft
Cooking

Dancing
Foraging
Fort Building
Frisbee
Games for the Mind
Gardening
Geo Caching
Hiking
Jewelry Making

Knitting
Magic
Nature Drawing
Nature Journaling
Painting
Plant & Fungi IDing
Pottery
Ropes

Science Projects
Scrap Booking
Sewing
Soccer
International Sports
Volleyball
Woodcraft
Yoga

Behavior and Dismissal Policy

As a close-knit community, Camp Moraine expects each camper to respect themselves and everyone at Camp, as well as the facilities and natural surroundings. All members of the Camp Moraine community – including staff and campers – are expected to behave responsibly and appropriately at all times. After reasonable efforts to modify irresponsible or inappropriate behavior (including but not limited to bad language, hate speech, use of threats or fighting), a camper may be dismissed. Direct threats of significant physical harm to self or others, as is the possession or use of tobacco, drugs, alcohol, vaping, juuls or pods while in a Camp program are grounds for immediate dismissal. Campers dismissed for disciplinary reasons are not allowed back to Camp for the remainder of the calendar year and may be asked not to return to Camp in the future. If campers behaviors, mental, or physical state develop into a condition requiring an abnormal amount of 1-on-1 care, dismissal may be required. Once a child is dismissed for any medical reason a doctor's written approval is needed for readmittance in our program. (subject to MA COVID-19 guidance)

Discipline at Camp

- Discipline and guidance shall be consistent and based upon an understanding of the individual needs and development of a child. The Camp Director shall direct discipline to the goal of maximizing the growth and development of the children and for protecting the group and individuals within it.
- In the event that a camper requires discipline or additional guidance, it will follow the corresponding hierarchy.
 - First the staff member who witnessed the transgression will speak with the camper. Depending on the transgression, the counselor does have the ability to ask the camper to take a short break before returning to an activity if the campers behavior is putting themselves or others at risk.
 - If the counselor feels they are unable to handle the situation or if the behavioral persists, they will then call in either a lead counselor, or an Assistant Director to speak with the camper.
 - If the behavior continues or is of a physical or racist / bigoted in nature, the Executive Director will intervene.
 - If the situation gets to a point where the assistant director(s) or executive director need to be involved, the parents will be notified and they may either be asked to leave camp, or not permitted to return based on the discretion of the executive director.
- Prohibitions:
 - Corporal punishment, including spanking, is prohibited;
 - No camper shall be subjected to cruel punishment, humiliation, or verbal abuse
 - No camper shall be denied food or shelter as a form of punishment
 - No child shall be punished for soiling, wetting, or not using the toilet.

Frequently Given Answers ...!

- Telephones are not allowed during the camp day. Any cell phone found will be brought to the office for safekeeping until parents pick up.
- Tipping the staff individually is discouraged, but we do have a “staff appreciation fund” for special pizza parties, etc. If you wish to show your appreciation, stop by the Camp office.

Drop Off & Pick Up

Drop Off:

Once you pull onto the dirt road of 701 Cabot Street (shared by Moraine Farm, Project Adventure and the Moraine Estate), you will take the 2nd right where a Camp Moraine staff member will be positioned. Parents will be instructed to follow the arrows that will have them enter our ‘drop off /

pick up' loop. When the parents vehicle arrives, a camp staff member will greet them at their car to get their campers name and mark them off on the our approved roster sheet. The camper will then get out and be escorted to their POD meeting location with a staff member. If for whatever reason, the parent/guardian needs to get out of their vehicle, they will be instructed on where to park (either in the upper lot or down on the lower meadow).

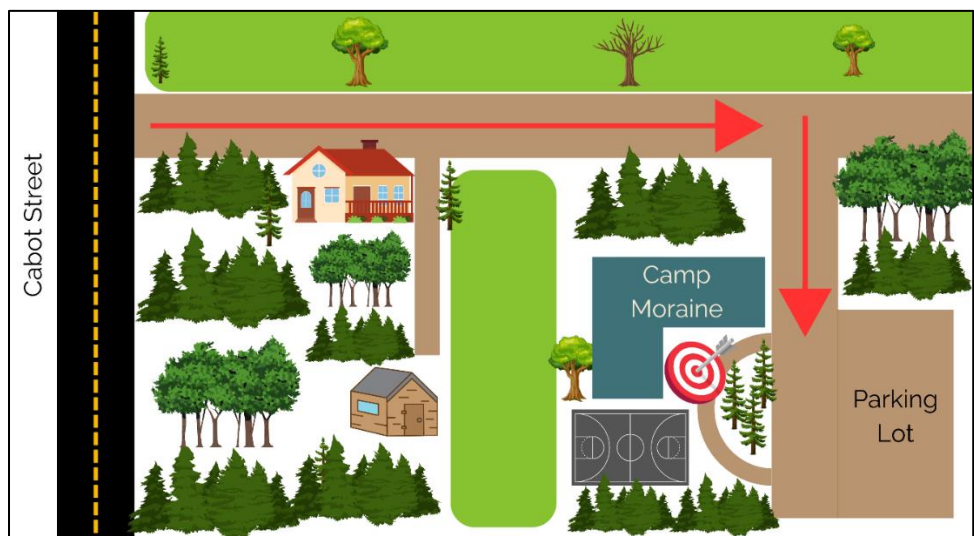
Pick Up:

For pick up, the parents will arrive from the same direction and follow the same traffic arrows set up by staff members. When they arrive in the pick up queue, a staff member will verify their name and confirm it against a list of approved pick up names for the camper they are picking up. Similar to drop off, if the parent/guardian needs to discuss any details with staff or a camp director, they will be instructed on where to park (either in the upper lot or down on the lower meadow).

PLEASE NOTE: Campers will only be released to parents / guardians with written permission. If anyone besides the primary parent is picking up their camper, the parent / guardian must provide their name(s) to the camp director via email or other written permission.

Only parents / guardians on the 'Approved Pick Up' list will be able to pick up their child. All campers must remain with Moraine instructors until an authorized adult checks them out.

Below is a diagram of where you will be going to drop off and pick up your camper each day.



Lunch and Snacks:

We promote a nut-free environment to provide as safe an environment as possible for our campers that have a serious nut allergy. Please do not send snack bars, baked goods, and candies that may contain ingredients that are common allergens, such as shellfish, peanuts, tree nuts, or nut butters or nut milks. Thank you.

All campers registered to attend camp for the full day must bring lunch and snacks daily to camp. Please be sure to include a cold pack in your lunch bag, as we do not have the ability to put everyone's lunch in refrigeration. Lunches and snacks will be kept in our basement kitchen until your campers appropriate lunch time. Please do not pack any lunch items that will need to be reheated. We do not microwave camper lunches. Please contact the camp director if an exception needs to be made. If a camper forgets their lunch, we will contact the parent to notify them and have some snack bars and fruit on hand to serve them

Drinking Water

Clean drinking water will be available for all campers and staff members. Camp Moraine has multiple water coolers available on the school property for filling up water bottles. There will be no common drinking cups available, all campers must provide their own water bottles. Camp Moraine staff will have some spare water bottles on hand in case campers forget their water bottles at home. Campers are to be given as much drinking water as they wish and encouraged to stay hydrated.

Sunscreen Policy

Since the majority of the camping day will be spent outside, it is important that all campers bring and wear sunscreen with a solar protection factor of 25 or greater during their time at Camp Moraine. We ask that all campers arrive at camp with sunscreen already applied and allow Moraine staff to help apply sunscreen throughout the day for campers who are unable to apply it themselves. If a camper is not willing to wear sunscreen, they may be asked not to participate in certain activities.

General Sanitation

- Before snacks and meals, all campers and staff are to wash hands with soap and water if possible, or use hand sanitizer if soap and water is not available.
- After toileting, campers and staff should wash hands with soap and water or use hand sanitizer properly (spray on hands and then rub until dry)
- In between meals, hand sanitizer may be used instead of soap and water
- No cups, utensils, or water bottles are to be shared between campers, or between campers and staff
- Trash receptacles will be available on sight for waste management purposes. Staff will empty and move the trash to the schools dumpsters at the end of each day.

Copy of Policies:

All parents have the right to request Camp Moraines Policies and procedures, including emergency health care, discipline, background checks and procedures for filing grievances.