



FRACTAL SOUL

LICENSED PSILOCYBIN SERVICE & WELLNESS CENTER

CENTER INFO FOR  
OUR PARTNER  
FACILITATOR  
CLIENTS

# HELLO *and* WELCOME

*I'm honored to welcome you and your Facilitator to our Licensed Service Center - whatever your intention may be for engaging with psilocybin therapy. As Founder & Center Director, I have created a company whose mission is to help clients suffer less and unlock their full potential. My top priority is maintaining a safe and nurturing environment and to help ensure your experience is both delightful and transformative.*

*Much is known about psilocybin and yet its full history and interactions with the human psyche remain a mystery. Whatever your goals and desired outcomes are for engaging with this ancient earth medicine, may it bless your life and the lives of those around you.*



*Kat*

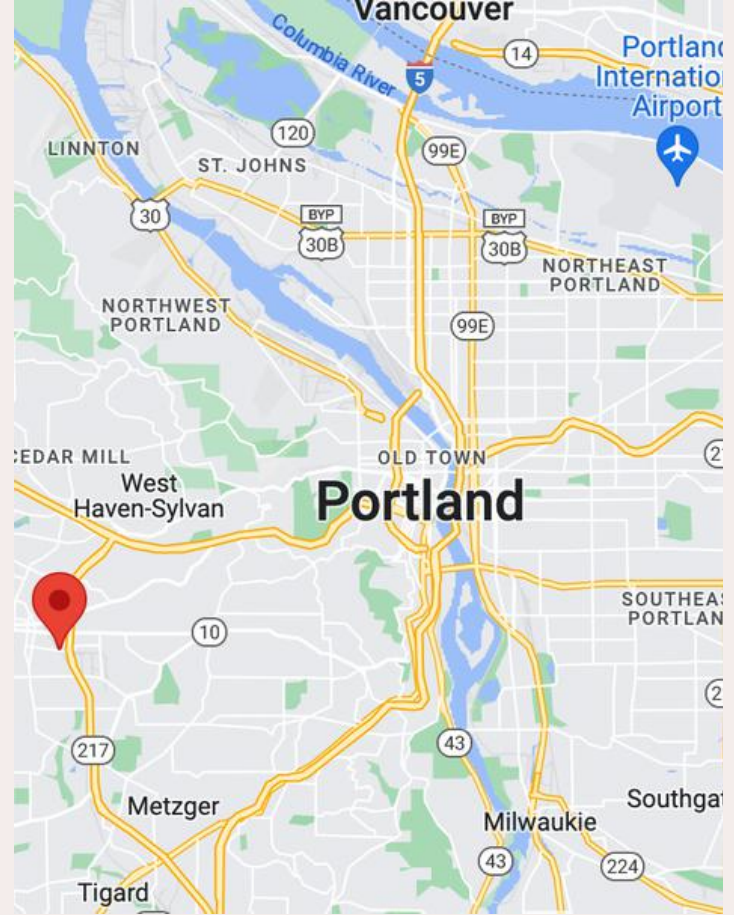
A room with purple LED lighting along the ceiling and walls. The walls are decorated with large panels of space-themed art, including a forest at night, a starry sky, and a space helmet. A bed with a space helmet pillow is visible in the foreground.

# LOCATION & ROOMS

WELCOME TO OUR CENTER

# Fractal Soul

BEAVERTON, OREGON



Our Service Center is located in central Beaverton with easy access to Hwy 217 and near shopping, restaurants and high tech campuses.

## A LITTLE ABOUT BEAVERTON AND OUR LOCATION:

- 20 minutes from downtown Portland
- 35 minutes from PDX Airport
- Home of Nike WHQ, near Silicon Forest high tech
- Up and coming foodie destination
- TriMet Bus Line outside our front entrance
- MAX Lightrail @ Beaverton Transit .7 miles from Center
- Lodging Hyatt House @ Beaverton Round 1 mile away

Full address is provided to clients upon booking.

## BUILDING FEATURES

*Quiet Office Building*  
*Overlooks a Park*  
*Plentiful Free Parking*  
*Elevator-Serviced*  
*Secure Entry After-Hours*  
*Indoor Lobby*  
*Low Foot Traffic*

## CENTER FEATURES

*Top floor Corner Suite*  
*2700 sq ft Space*  
*ADA Compliant*  
*5 Themed 1:1 Rooms*  
*Integration Lounge*  
*Nourishment Area*  
*Private Restroom*  
*Home-Like Comfy Decor*  
*Complementary Supplies*

# OUR LAYOUT



SQUARE FEET

*1:1 GALAXY Room (Air & Space theme)* **135**

*1:1 GARDEN Room (Earth & Nature theme)* **135**

*1:1 RAINBOW Room (Light Prism/Inner Child theme)* **120**

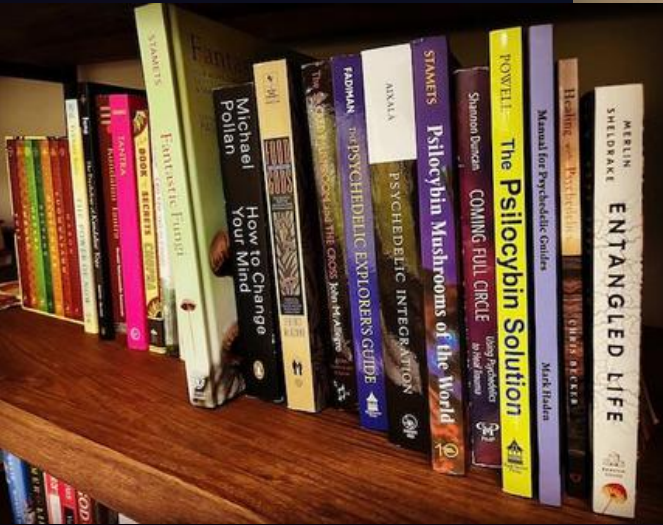
*1:1 SHADOW Room (Fire & Cozy theme)* **125**

*1:1 FOUNTAIN Room (Water & Flow theme)* **125**

*Integration Lounge (can also host 2-6 small group)* **230**

## INTEGRATION LOUNGE

A quiet place to reflect, journal, read or engage in community. This room also available for Couples sessions or Microdosing. TV & Fireplace!



# COMMON SPACES

## NOURISHMENT LOUNGE

Kitchenette with fridge, Keurig, microwave & toaster oven. This is where clients make their drink to consume with their mushroom powder dose (Tea, Ceremonial Cacao, Decaf Coffee). Ample complementary food & drink is included in your Day Pass for during or after your Session. Omnivore & Vegan options but we cannot accommodate all dietary restrictions, so feel free to bring food so long as it is packaged, not homemade.





# *RESERVABLE 1:1 ROOMS*

FINISHED WITH COMFORTING, LUXURIOUS TOUCHES, OUR 1:1 PRIVATE ROOMS ARE ALL RESERVABLE FOR PARTNER FACILITATORS & THEIR ESTABLISHED CLIENTS

YOU'LL WORK WITH YOUR FACILITATOR TO BOOK YOUR PREFERRED DATE AND ROOM (THEY WILL DO IT WITH US ON YOUR BEHALF)



# GALAXY ROOM

**CHANNELING THE ELEMENT OF AIR, BREATH, CREATION, WONDER**



## DESCRIPTION

This room features our largest soft chenille 'cocoon' couch, with galaxy and space art and colors. It includes ceiling projectors with aurora borealis and swirling nebula imagery. The Facilitator chair has heat & an electric lift.

## INTENTIONS

This room is fantastic for Unity, Oneness and Divinity work. It supports intentions related to depression, anxiety, loneliness and mysticism.

## LOGISTICS

Couch is mobility/wheelchair accessible. Borders our Integration Lounge & Garden Room. Located on front side of building.





# GARDEN ROOM

CHANNELING THE ELEMENT OF EARTH, GROUNDING, NURTURING, NATURE



## DESCRIPTION

This room features a cream soft chenille 'cocoon' couch and is surrounded by plants, fostering a greenhouse effect. It has a boho theme. The Facilitator chair is a chaise lounge.

## INTENTIONS

If Galaxy Room represents 'As Above', Garden Room represents 'So Below'. It is fantastic for a wide range of intentions such as connection, depression, anxiety, grief and ego dissolution.

## LOGISTICS

Our only corner room, two walls of windows. Borders Galaxy & Rainbow Rooms. Located on front side of building. Naturally bright.



# RAINBOW ROOM

CHANNELING ELEMENTS OF HOPE, BEAUTY AFTER STORM, DIVERSITY AND TRANSFORMATION



## DESCRIPTION

This room features a 90" pink 'cloud' sofa, art representing light, diversity and metamorphosis, a super-soft geometric rug, prism light catchers and an art easel for watercolor or chalk art.

## INTENTIONS

Rainbow Room supports intentions of Inner Child work, Identity & Purpose, Grief, Self-Love, Transformation & Shame Dismantling as well as creativity, rest and play.

## LOGISTICS

This room is cozy and central, bordered by the Garden Room & Kitchen. It is located on the side of the building and looks out on trees.



# FOUNTAIN ROOM

CHANNELING THE ELEMENT OF WATER, FLOW, RESILIENCE AND LETTING GO



## DESCRIPTION

This room features a huge navy blue double chaise cloud sofa, a pair of wall fountains (can be on or off), and water themed art. The Facilitator chair is a rocking recliner with heat.

## INTENTIONS

Fountain Room is excellent for any intention related to processing stuck emotions or letting go, such as Grief, Trauma, OCD, Depression. Water is cleansing and soothing in journeys.

## LOGISTICS

This room is bordered by the Shadow Room & other tenants. It is located near the back of the building and is very quiet. Nearest to restroom



Coming  
Soon

# SHADOW ROOM

CHANNELING THE ELEMENT OF FIRE, PROTECTION, GRIEF, EMPOWERMENT & MYSTICISM

## DESCRIPTION

This room will feature a black velvet sectional, a charcoal gray electric fireplace, and wall shelves with candles along with various mystical and animal related art.

## INTENTIONS

The Shadow room will be an excellent place to process anger, grief, trauma, to work on self love and empowerment, and to have mystical and spiritual experiences.

## LOGISTICS

This room is bordered by the Fountain Room & Kitchen. It is located near the back of the building. Expected completion February 2024.



A group of six diverse young women are sitting on a staircase, smiling and posing for a photo. They are wearing denim jackets and casual clothing. The background is a colorful, patterned wall. The text "USEFUL INFO FOR CLIENTS" is overlaid in the center in a white, serif font.

# USEFUL INFO FOR CLIENTS

QUESTIONS: [HELP @ FRACTALSOULPDX.COM](mailto:HELP@FRACTALSOULPDX.COM)

FRACTAL SOUL

# MUSHROOM INFORMATION



Per OHA regulation, we provide client doses in terms of psilocybin analyte - the actual amount of psilocybin as measured by mg per gram of dried mushroom.

Preparing doses by psilocybin mg vs whole mushroom weight levels out varying potencies between mushrooms, allowing for a consistent experience (other factors not considered). More potent mushrooms will result in clients consuming less overall bio-mass, since they consume the same amount of psilocybin in less overall mushroom.

Our product line is finely powdered which has several benefits including more homogenized (reliable) potency, reduced nausea, and more options for consumption. The powder can be easily mixed in to any hot or cold drink, or a snack such as applesauce.

Most clients choose to consume their medicine in a hot drink. We offer a variety of teas, along with ceremonial cacao (Ora brand), decaf coffee, or spiced apple cider. You may mix in lemon juice, honey, stevia, vanilla syrup or creamer to taste, depending on the drink you choose.

Our grower is Uptown Fungus in Eugene, a premium organic supplier owned by a disabled veteran. We use MAZATAPEC (average potency), SHAKTI (high potency) and ALBINO TEACHER (super high potency) depending on individual factors like metabolism and medications.

You will form a dosing and strain strategy as part of your Preparation exercises with your professional Facilitator. Dose cost will vary by your individual needs and must be paid separately with cash when you arrive.

TAX-INCLUSIVE PRICING:

**\$5**

PER MG (\$4 BASE COST +  
\$.60 TAX + \$.40 PACKAGING)

**\$20**

PER 4MG

**\$120**

TYPICAL 24MG DOSE

**\$180**

TYPICAL 36MG DOSE

NOTE: ALBINO TEACHERS ARE \$5  
HIGHER PER 8MG AS THEY REQUIRE  
MORE RESOURCES TO GROW.

*State-licensed psilocybin mushroom medicine is safe, pure, and potency-tested.*

SERVICE CENTER

# Dosing Guidance

Final dose choice should always be selected and led by a client, per client's comfort level, prior experience & intention. Facilitators work closely with clients to provide more detailed education and guidance around an individual's unique factors that may influence dose & outcome. This guide is our center's general range recommendations for therapeutic experiences (rather than micro or social).

THE CONSCIOUSNESS ALTERING THRESHOLD IS APPRX 10-15MG (NON-SSRI)

CLIENT NOT ON SEROTONIN BLUNTING MED OR SUBSTANCE...

*High sensitivity, high fear, needs to feel safe* **12-20mg**

*Average sensitivity, high openness, most intentions* **20-28mg**

*High tolerance, slow metabolism, prior experience* **28-32mg**

OUR MOST POPULAR FIRST-TIMER DOSE IN THIS CATEGORY IS 24MG.

CLIENT IS ON SEROTONIN BLUNTING MED OR SUBSTANCE  
(OR HAS BEEN WITHIN 3 MONTHS)

*High sensitivity, high fear, needs to feel safe* **20-30mg**

*Average sensitivity, high openness, most intentions* **30-40mg**

*High tolerance, slow metabolism, multiple cofactors* **40-48mg**

OUR MOST POPULAR FIRST-TIMER DOSE IN THIS CATEGORY IS 36MG.

# *Safety Overview*

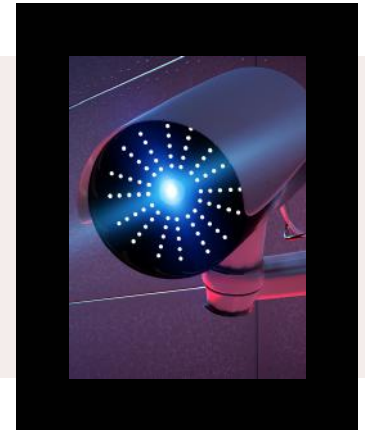


## *Building Safety*

We are located in a professionally managed office building and have developed an evacuation plan in event of fire or other hazard, power outage, or inclement weather. Our security system includes multiple panic buttons in event of outside threat, but our front door is locked to the public.

## *Client Safety & Privacy*

We have developed a multi-tier safety protocol for our clients & staff. Our suite's entry door is kept locked with a 'By Appt Only' sign. Product is stored in a restricted access area in a locked safe. Our address is not published publicly. And we have security cameras and security monitoring.



## *Minimizing Medical & Discomfort Risk*

Though psilocybin is generally safe, we screen thoroughly for known health contraindications. We opt for psilocybin product in powdered form and provide light nourishment before consumption, both of which reduce risk of upset stomach. And we limit dosing to known therapeutic ranges, which reduces risk of panic or overwhelm common with very high doses.

*Did you know? You may optionally order a psychedelic genetic test kit which predicts serotonin sensitivity and how your body will respond to classic psychedelic substance consumption!*

*Order Here: <https://www.halugen.com/test>*

---



# MEDICAL CONTRAINDICATIONS

OREGON HEALTH AUTHORITY DOES NOT ALLOW US TO PROVIDE PSILOCYBIN SERVICES TO THOSE:

- WHO ARE UNDER THE AGE OF 21
- WHO HAVE TAKEN LITHIUM WITHIN 30 DAYS
- WHO HAVE ACTIVE PSYCHOSIS OR A HISTORY OF SUCH
- WHO HAVE CURRENT THOUGHTS OF CAUSING HARM TO SELF OR OTHERS

IN ADDITION, FRACTAL CANNOT SERVE THOSE WITH:

- HISTORY OF SEIZURES (IE EPILEPSY, BRAIN INJURY)
- SERIOUS CARDIOVASCULAR DISEASE/FRAGILITY
- BIPOLAR WITH HISTORY OF MANIC EPISODES
- HISTORY OF VASOVAGAL SYNCOPE
- MUSHROOM OR FUNGI ALLERGY

IN GENERAL, PSILOCYBIN IS ONE OF THE SAFEST SUBSTANCES A HUMAN CAN CONSUME. YET ITS POWERFUL EFFECTS MUST BE TREATED WITH RESPECT

NOT FROM AROUND HERE? OUR BRIEF

# Out of Town Guide



## *Out of Town Schedule*

We recommend you arrive at least 20-24 hours before your Administration Session begins. This allows for flight delays, some down time post-arrival, and an opportunity for a good meal and night's sleep. If you are 4+ hours time zone difference, you may want to increase this time to allow for jet lag.

If possible, stay two nights after your Session. If you must leave the following day, try to make it mid-afternoon so you aren't rushed first thing in the AM.

Sample Schedule: Arrive Thurs noon. Psilocybin Session Fri AM. Leave Sun AM.

## *Lodging Options*

Hyatt House Portland/Beaverton is a brand new hotel in Beaverton Round, which is located just a mile from our Service Center & stationed at a MAX Lightrail stop and in a restaurant area. Here is their website: [HYATT HOUSE BEAVERTON](https://www.hyatt.com/en/usa/hotels/hyatt-house-beaverton). A less expensive option also a mile away is the Comfort Inn Beaverton.

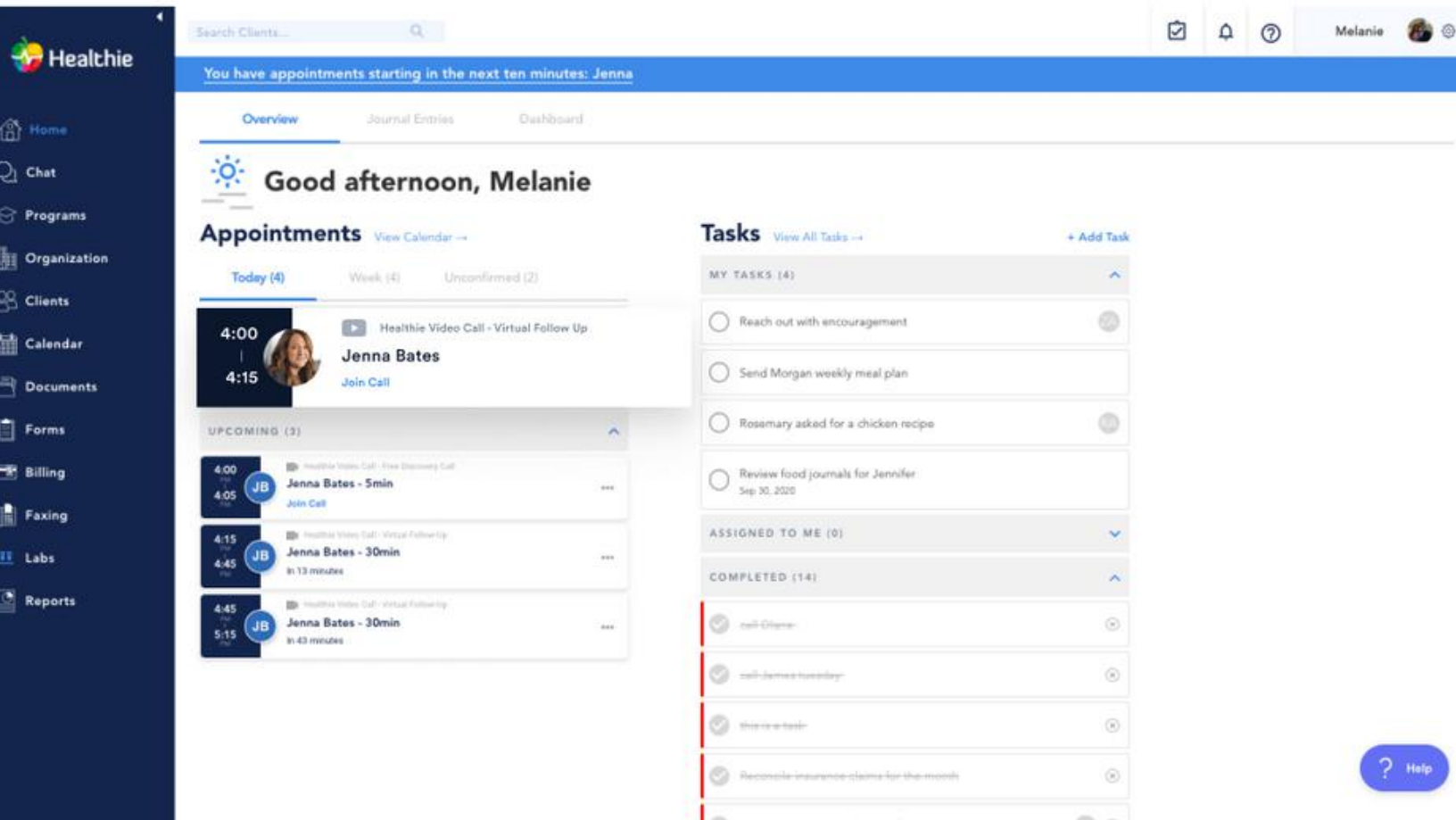
Of course there are many charming AirBNB's nearby also, or many beautiful hotels & hostels downtown Portland. A few we recommend are The Nines, Hotel Vance, and Lolo Pass (hostel). Clients in town awhile may opt to stay in Beaverton the nights before and after their session, then move downtown.



## *Post-Session Transport*

After your Session, you will follow the 'Transportation Plan' that you discuss with your Facilitator during your Preparation session. For your safety, you should not drive yourself immediately after an administration session.

For most out of town folks, you may opt for Uber/Lyft. We're happy to call you a taxi, or you may consider staying longer in our Integration Lounge, walking back to your hotel if it's close & weather permits, or taking public transit.



# HEALTHIE: OUR EHR & BOOKING SYSTEM

*We use HIPAA-compliant healthcare software called Healthie for all client digital paperwork, including intake forms, contracts and a log of all your sessions with us. Partner Facilitators may opt to use our system or their own, so long as it is OHA compliant. Ask your Facilitator about intake form process if you have any questions!*

# WELCOME *to the* FRACTAL FAM!

*We hope this Guide has been helpful to you and your Facilitator as you consider locations ('setting') to host your therapeutic psilocybin experience.*

*We love witnessing the profound transformation that can happen in our clients' lives when they actively engage with this powerful medicine. We hold immense gratitude to the People of Oregon for legalizing this Program to begin with, and indigenous peoples for re-introducing this ancient earth medicine to the modern Western world.*

*This Program is an honor and a privilege for all of us, and we can't wait to show the world what this beautiful plant medicine can do in the hearts and minds of humankind.*

*We are here to support you and your Facilitator. Let us know if you have any questions around booking process, intake forms, psilocybin product, or operating policies. We are honored to serve you!*

**QUESTIONS: HELP @ FRACTALSOULPDX.COM**