

1 1 1

# Affirmations

TO A BRIGHTER YOU



# Affirmations for Personal Growth and Self-Love

My desires flow easily to me

My life is limitless

I have the power to change anything in my life

I easily manifest new and exciting experiences into my life

I feel satisfied with every area of my life

I live a life of purpose and meaning

My existence is enough

I align to my personal power, always

I am needed in this world, just the way I am

Things always work out for me

I do my best in all situations

Everything I need resides in me

I am unstoppable

Fear does not reside in me

My future is bright

I am gentle and kind hearted

My life is amazing

I release all that no longer serves me, with love and grace

I glow from the inside out

Manifestation is second nature to me

Happiness is my birthright

My life is incredible

# Affirmations for Spiritual Growth

I am guided by my dreams  
I am the creator of my reality  
I see my life through rose-colored glasses  
I am one with all that is  
I choose to live my life through the lens of joy  
I accept that darkness is part of life, I choose to live in the light  
I accept things as they come  
Joy follows me wherever I go  
I find peace within myself  
The only opinion of me that matters is mine  
I choose peace  
I am powerful  
I am free to create the life of my dreams  
I am allowed to have what I want  
I easily identify my desires  
My intuition easily guides me  
I trust in divine timing  
Everything is working out for me  
What's meant for me will be  
My higher self is with me, always  
My internal guidance system works perfectly

# Affirmations for Fulfilling Relationships

I am deeply loved and adored

I only accept happy and health relationships into my life

My partner loves me unconditionally

My partner would do anything for me

I am surrounded by love and kindness

Love seeks and finds me every day

I am cherished just for being me

I am desirable

I am wanted

I am needed

Romantic love is on it's way to me

I am a gift that deserves to be cherished

My friendships are rich and meaningful

Love surrounds me

I express my needs clearly and with grace

I easily identify what is working in my relationships

My heart tells me what I want

I listen to my heart easily

I am abundant in love

My friendships are thriving

My heart is open and ready to receive

I am a magnet for true love

I easily trust others

My perfect partner is on their way to me

# Affirmations for Health and Wellness

I am capable of amazing things

I enjoy flexibility with ease

My body knows exactly what to do at all times

My life is healthy and balanced

I am free from pain

I easily attract health and wellness into my life

I find comfort in my body

Beauty seeps from my pores

I am unstoppable

I am a powerful force of nature

I easily manifest health and wellness

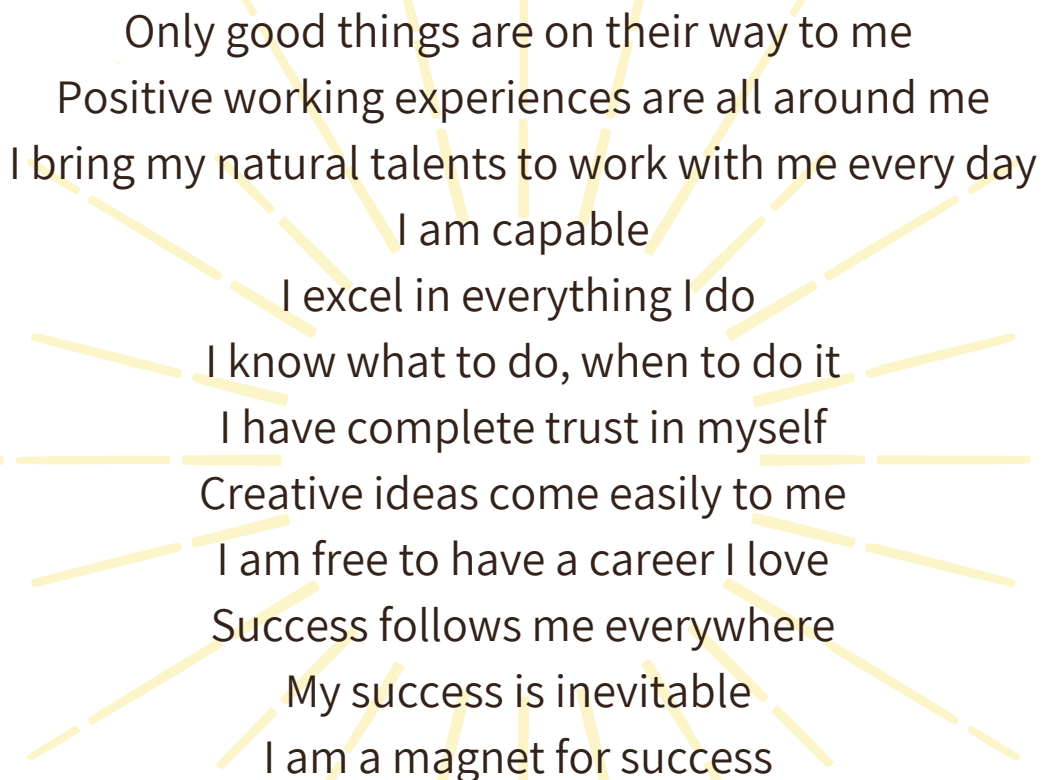
I am grateful for my \_\_\_\_\_ (insert body part)

I choose foods that feel good to my body

My body is in perfect balance

I radiate good health

# Affirmations for Career Success



Only good things are on their way to me  
Positive working experiences are all around me  
I bring my natural talents to work with me every day  
I am capable  
I excel in everything I do  
I know what to do, when to do it  
I have complete trust in myself  
Creative ideas come easily to me  
I am free to have a career I love  
Success follows me everywhere  
My success is inevitable  
I am a magnet for success

# Affirmations for Wealth and Abundance

Money flows easily to me  
I am a magnet for abundance  
I always have exactly what I need, when I need it  
Anything I want is already mine  
I am free from debt  
I can have anything I want  
I make \$ \_\_\_\_\_ a month  
My business is thriving  
It is natural for me to have more money than I can spend  
I line up with wealth  
I attract abundance with ease  
My bills are always paid on time  
Abundance is my birthright  
Wealth and abundance follow me  
I am worthy of financial security  
I attract wealth easily  
I am financially free