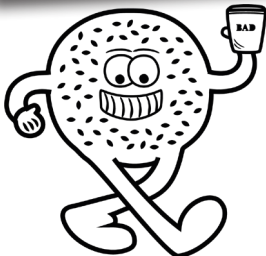


HARPENDEN TOWN

v COCKFOSTERS

Spartan South Midlands League Premier Division
3pm Saturday, December 16, 2023



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GREEN & GOLD



**HARPENDEN TOWN
FOOTBALL CLUB**
Founded 1891

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FIRST TEAM COACH

Rob Swan

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Merry Christmas

With last Saturday's match at Stansted and the midweek Premier Division Cup trip to Cockfosters both falling foul of the weather, we've had to wait for the opportunity to bounce back from the recent defeat against title favourites Real Bedford.

This afternoon we face another tough test with the visit of Cockfosters. They are one place behind us in the league as things stand and, like us, will want to put together a run of results to close the gap to the play-off places.

We have got two cracking home games coming up between Christmas and New Year. On Wednesday, December 27 we welcome our Colney Heath for a festive local derby. Then high-flying Milton Keynes Irish visit on Saturday, December 30 for our final fixture of the year.

We hope to see bumper crowds at both games and with that in mind we have a Christmas present of our own to offer. You can get a joint ticket covering both matches for just £10. That's the equivalent of paying full price for the first match and getting into the other for just a quid. Scanning the QR code on the adjacent page will take you straight to the ticket sales website.

Don't forget our women's team are at home in the league tomorrow (Sunday) against Wootton Blue Cross Lionesses.

In the meantime, we'd like to extend a very warm welcome to all our visitors from Cockfosters and we wish everyone a very happy Christmas.

Hopefully we'll see many of you back here a week on Wednesday evening for the local derby against Colney Heath to see who earns the bragging rights in the AL postcode – for the next few months, at least.

GREEN&GOLD

HONOURS

Herts County League Western Division champions
1910-11, 1911-12, 1920-21

Herts County League champions
1950-51, 1952-53, 1954-55

South Midlands League champions
1961-62, 1964-65

South Midlands League Division One champions
1989-90

Spartan South Midlands League Premier Division Cup
2017-18

Herts Charity Shield
1967-68



It was great to see so many people at Rothamsted Park for the recent visit of Real Bedford, even if the result wasn't what we hoped for. The gate was 224 and our average home league attendance so far this season is 193, which is a big increase on last season's 131. Six years ago, when we first returned to the Premier Division and finished third, our average gate was 70. Bring a friend to one of our festive fixtures and help spread the word that the game at step five is alive and kicking and that football is not just a television programme.

FESTIVE DOUBLE AT ROTHY

**One team. One town.
Two games. Ten pounds.**

Colney Heath

Wednesday, December 27, 7.45pm

Milton Keynes Irish

Saturday, December 30, 3pm

(Usual entry £9 per match)



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CHRISTMAS
CRACKERS
FOR £10**

thelittleboxoffice.com/harpententownfc

WELCOME TO ROTHAMSTED PARK

COCKFOSTERS



HONOURS

Spartan South Midlands League Challenge Trophy winners 2013-14
Spartan South Midlands League Floodlit Cup winners 2007-08, 2013-14
Herts Senior County League Premier Division champions 1978-79, 1980-81, 1983-84
Herts Senior County League Division One champions 1966-67
Herts Intermediate Cup winners 1978-79
Aubrey Cup winners 1978-79, 1984-85

Manager: Gavin Kelsey
Assistant: Glenn Draper
Coaches: Ant Burns, Phil Lovell
Physio: Callum East
Kit manager: Carl Lillis
Home kit: All red

The club was originally formed in 1921 by local residents as Cockfosters Athletic and the ground was allocated to the club by Lady Bevan, from her family estate. The club dropped the word Athletic from their name in 1968 and won the Herts Senior County League three times between 1979 and 1984. They were founder members of the Spartan South Midlands League in 1997. **2000:** Youth football was re-introduced to the club.

2002-03: The club introduced an under-18 side to compete in the Southern Counties Floodlit Youth League.

2007-08: With the elevation of the first team into the Spartan South Midlands League Premier Division, the club was accepted into the FA Cup for the first time in its history, beating Southend Manor before bowing out to Welwyn Garden City.

2013-14: The under-18s won their league. Cockfosters formed a partnership with Whetstone Wanderers and entered under-13 to under-18 teams in the Eastern Junior Alliance.

2014-15: Under-18s were SCFYL Olympian Division winners, beating Luton Town in the

SCFYL's divisional winners play-off final.

2015-16: The under-14s completed a clean sweep, winning the EJA's Herts (Brown) Division, the EJA divisional play-off final, the EJA Challenge Cup and the Middlesex County FA's Under-14 Cup.

2016-17: A successful campaign as the first team finished third behind London Colney and Hertford Town in the Spartan South Midlands League Premier Division and the reserves were runners-up in the under-25 development division.

2017-18: The under-18s were second in the SCFYL's Delphian Division. The under-13s won the EJA Herts Green Division, the AFA County Youth Cup, and were runners-up in the LFA Sunday Youth Cup.

2018-19: The under-14s won the EJA Division and reached two county youth cup finals. The under-17s also reached a county youth cup final.

2019-20: The FA moved Cockfosters across to the Essex Senior League and the next two seasons were curtailed by Covid.

2021-22: The first team reached the Essex Senior League Cup Final but were defeated 3-2 by Enfield. The under-18s won the EJA Black Division and the under-15s won the London County Cup.

2022-23: The under 18s won the quadruple by winning the Southern Counties Floodlit League with a 100% record. After being transferred back to the Spartan South Midlands League as a result of the FA's reorganisation, the first team finished fifth in the Premier Division.

Cockfosters The past 10 seasons

Season	League	Step	Position	
2013-14	Spartan South Midlands League Premier Division	5	8th / 22	
2014-15	Spartan South Midlands League Premier Division	5	18th / 22	
2015-16	Spartan South Midlands League Premier Division	5	9th / 22	
2016-17	Spartan South Midlands League Premier Division	5	3rd / 22	
2017-18	Spartan South Midlands League Premier Division	5	20th / 21	
2018-19	Spartan South Midlands League Premier Division	5	18th / 20	transferred
2019-20	Essex Senior League	5	–	abandoned
2020-21	Essex Senior League	5	–	abandoned
2021-22	Essex Senior League	5	9th / 21	transferred
2022-23	Spartan South Midlands League Premier Division	5	5th / 20	

Source: Football Club History Database fchd.info



Isaiah Hilaire (top) and Archie McClelland (bottom) in action in the freezing fog against Real Bedford. We contained them for 70 minutes until they got their second and pulled away late on Photos by Freddie Clark



Smith and Spaul add experience

It's been a busy week for Micky Nathan and the management team as they have moved to add two experienced players to the squad.

Centre back Tommy Smith, who played against us for Tring Athletic on the opening day of the season, was the first to arrive.

Then midfielder Ben Spaul joined on a dual registration agreement from Bedford Town.

Spaul, pictured in the red and white of Leighton Town, played a key role in their Spartan South Midlands League title-winning campaign last season before following boss Lee Bircham to Bedford.

The Eagles are flying high at the top of Step 4 this season and Bircham has given Spaul permission to sign for Harpenden, where he links up with his former Leighton and Bedford teammate Archie McClelland.

Assistant manager Steve O'Reilly said: 'Both players bring a lot of experience. Tommy is a commanding centre half and a proven winner at Step 4 and 5. Ben was vice-captain at Leighton Town and won the league with them so he brings leadership qualities as well. He's also a PE teacher so we must have more PE teachers in our squad than any club in the league.'

Smith and Spaul follow another recent arrival, Reece Crowter, who joined from Arlesey Town having impressed in their 2-2 draw here in October.

Meanwhile, there have been a couple of recent departures too. James Younger, who scored twice from the bench in the 4-2 win at Shefford Town & Campton at the start of the season, has joined Cranfield United in Division One. And Conor Clarke has taken the chance to rejoin Stotfold in Step 4 after a brief spell in green and gold. They leave with our thanks and best wishes.

■ Our November player of the month, selected by the management team, went to left-back Lewis Williams. Lewis joined us in October from Royston Town and put in a series of fine displays, most notably in the 3-1 home win against Leverstock Green and with a clean sheet as we earned a point at Potton United.



Ben Spaul. Photo by Simon Gill

■ Congratulations to Annabelle Tang of Harpenden Colts who has been called up to the England Schools Under-15 squad. She'll join up with the squad in February ahead of the Bob Docherty Cup fixtures in April.

■ There's a Christmas Eve mini tournament taking place on the pitch at Rothamsted Park in aid of Morgan Charles, who fractured his skull playing five-a-side a little over a year ago and is still on the long road to recovery. The aim is to raise £1,000 for his family. If you are over-35 and fancy playing, contact John Gibbons on 07970 433601.

To donate, visit the Just Giving page at [tinyurl.com/2s9tj9c](https://www.justgiving.com/tinyurl.com/2s9tj9c)

■ We ask that you join us in a minute's silence before kick-off to remember Martyn Ouston, father of our goalkeeping coach James, who sadly passed away suddenly last weekend. James is a hugely popular and valued member of the club and we hope this goes a small way to showing him how much support he has at Harpenden Town during this difficult period.

QUESTION TIME

EMMANUEL OLAJIDE

Age: 31

Favourite playing position and shirt number
Goalkeeper and number 45.

Where are you from? London

Previous clubs Enfield, Biggleswade United, St Margaretsbury, New Salamis, FC Romania

What was your Harpenden Town debut? It's my second time playing for the club and I genuinely cannot remember! LOL

What's your earliest football memory? Age 11 visiting Craven Cottage

First football shirt you owned A Celestine Babayaro shirt when he played for Chelsea

Who do you support now? I don't support a team

What's the biggest match you've played in? An FA Youth Cup game against Chelsea

You're hosting a dinner party, which four guests would you invite?

LeBron James, Westside Gunn, Fabian Barthez, Banksy

And what would you cook (or order in)?
Grilled chicken with mac and cheese

What's the best thing about Harpenden?
The people!

What do you do for a living? Consultancy

What are the best and worst things about step five football? Most clubs don't think they're big-time, which is good. The bad is the clubs that do think they're big-time!

Favourite ground you've played at
Rowley Park

Best game you've ever attended
Reading v Arsenal in the League Cup, which finished 7-5 to Arsenal

Who do you travel to away games with?
I drive and I drive alone because I live so far away!

You're travelling to an away game and you're in charge of the music. What's on the playlist?
Future and Drake. Solid choices

Which of your teammates have the best dress sense?
It's a difficult one cause a lot of the boys wear

team tracksuits, so I'm gonna nominate myself as I'm yet to have a team tracksuit so I wear my own clothes :)

After football, what other sport are you best at? I'm pretty good at rounders!

What's your personal goal for the 2023-24 season? To keep 10 clean sheets. I think I'm on four

Can supporters follow you on social media?
Twitter @emanolaj Instagram @45ems
Follow my glove brand on Twitter @pro_el and Instagram @elpro_gk



MEET THE GAFFER

MICKY NATHAN

As the season's halfway mark approaches, manager Micky Nathan has his sights firmly set on closing the gap to the top five and pushing for a play-off place.

'Without a shadow of a doubt,' he says. 'At the start of the season we had the goal of being right up there and I still think that's the case. We've played a lot of teams at the top and we've done okay. We have games in hand and the squad is getting stronger. I definitely feel that because it's getting harder to pick the 16 for a matchday, so the goal is the play-offs.'

The 5-0 defeat against Real Bedford a fortnight ago was a setback but not one to derail the team. 'It was a tough one, because we prepped them the right way and we all believed we could get something out of the game,' Micky says. 'We'd watched them and knew they were a very good side. They work at what they do and they're good at it but we set out 4-5-1 and wanted to be a bit more compact. The early goal was unfortunate. We were a bit slow in getting across the pitch to shut them down but for the next 70 minutes I thought the players were doing what we asked them to do, which was to be disciplined, stay in shape and, if we did get opportunities – which we knew would be few and far between – we'd try to capitalise.'

'Anything can happen in football, especially at 1-0. We could have got a deflected shot, or picked up a misplaced pass, and might have nicked one at the end. If we had, they [Real Bedford] would probably have said, quite rightly, that they'd deserved to win but if we'd have walked off with a point, that's football. I felt if we'd stuck at what we were doing, not got bored, we might have got something. Players want to play, I understand that, but good teams know when to attack, when to commit and when to just hold the shape.'

'But look, we don't get too high when we win and we don't get too low when we lose.'

I'd have taken a 1-0 or even 2-0, even though it wasn't the result we wanted, but to concede four in, what, 18 minutes? That's not what I've instilled in the players and, to be fair, they didn't need me to tell them that



afterwards. That's gone now. Football is all about how you respond to mistakes and setbacks, whether you learn, and so we have to take the things we've learned from that game and apply them to the rest of the season.'

Micky joined Harpenden as a coach during Martin Standen's short spell as manager and was asked by chairman Roman Motyczak to take over when Standen left to join Bedford Town at the end of January 2020.

Just six weeks into the job, the pandemic stopped all football. The following season was cancelled after just 11 league games. In his two full seasons in charge, Harpenden have finished fifth and 11th and although those two league positions might not suggest it, Micky believes the club has been progressing constantly on and off the pitch.

'We are building something,' he says. 'Players move around a lot at this level – it's an ever-revolving door, especially with the money some clubs at this level have to throw at it. We don't have that luxury but we do have quite a stable squad with a core of players who've been here a while and we're starting to add to that now. Having a core

of local players is important – Jake Collins, Ryan Plowright and George Robinson are local and have been here longer than me – but wherever the players are from they know they're representing the club and the town.

'It is an exceptionally tough league but off the pitch we are generating more money, which helps. I want to create a team that wants to push higher and achieve something. The chairman and all the volunteers have worked tirelessly and the players are very aware of that. When I first came here we'd get 30 people and a couple of dogs. Now we're getting close to 200 – plus a couple of dogs. That shows everything is moving in the right direction. I remember playing against Harpenden when we used to warm up on the car park, which was grass, and then walk through the bushes to get to the pitch. So the transformation has been incredible.'

Micky looks back at an FA Cup tie with Aveley when football resumed in September 2020 as an example for the club to follow. 'They were Step 4 then, just one division higher than us, but they beat us 3-0 and I thought they were excellent. They had two big centre backs who'd head it 40 yards but they also got the ball down and played their football. They have gone on and are doing really well in National League South at Step 2. They are the sort of club to emulate. On the pitch they're who we want to be.

'I want us to be confident enough to play because we have got really good players. When Steve [O'Reilly] and Swanny [Rob Swan] set up the coaching drills, it's all about what you can do with the ball at your feet. Can you move it quickly and under control? Can you play in tight spaces? We have to do the basics, of course. We have to defend and our work-rate has to be exceptionally high without the ball, but I've always wanted to play football. I want to get the ball into mid-field, get it wide, get it into the strikers' feet. I believe football should be enjoyable whether you're playing or watching.'

The new pitch helps the style of play. 'It does,' says Micky, 'but we have to adapt because every other week we'll be on a grass pitch away from home and you get good ones

and bad ones. We can't switch off away from home or blame a bad pitch. We have to be able to play whatever the conditions.

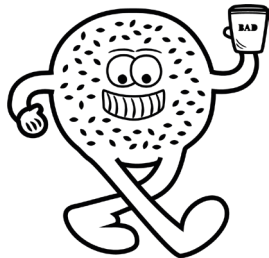
'But at home it is already an asset. It's starting to attract players because people want to play on it. The whole set-up has taken the club to another level. Mark Duckett [Real Bedford's assistant manager] said a couple of weeks ago "I don't recognise the place."

As a boy, Micky was at Chelsea, then Leyton Orient, before dropping down and playing non-league for the likes of Hertford Town and Broxbourne Borough. 'I was a striker, I played up front most of my career. As I got older, a bit wiser, the legs started to go but the head was still there so I dropped back into central defence. I was quite quick. There was nothing of me – I was 10 stone wringing wet – so I a quick and nimble player and had two decent feet. I loved playing football. I still love it. If I could play now I would.' After playing, he got into coaching and managing with Broxbourne and St Margaretsbury before joining Harpenden.

Micky, who describes himself as 43 going on 23, has a strong bond with his coaching staff but knows there's an even more important backroom team behind him – his wife Michelle and their nine-year-old daughter Lexi. 'My commitment is my family's commitment,' he says. 'My wonderful wife Michelle is a massive supporter of me and what I want to do. We met when I was playing so she knows what football is all about. She doesn't quite love the fact I am a manager, with all the time it takes up, but she understands it's what drives me. Lexi is nine so she loves the fact I'm a manager and I get to tell the players what to do. She loves the club, loves the team and the players and wears her Harpenden Town beanie with pride. She tells me what I should be saying in the team talks!

'We live in Waltham Abbey, so there's a lot of travelling, coming round the M25 three times a week. Me, Steve, Swanny and James are always talking. If we're not training or playing, we're planning training, communicating with the players, watching the opposition. It's constant but I wouldn't want to do anything else.'

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first team matchdays
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BRAD&DILLS

Part of the matchday routine

Brad & Dills not only sponsor the green and gold shirts, the coffee and bagel shop in Harpenden High Street plays a key part in the routine on home matchdays too.

Manager Micky Nathan, his assistant Steve O'Reilly, head coach Rob Swan and the rest of the coaching team arrive at Rothamsted Park at about 9.30am on a Saturday before a home game.

Around mid-to-late morning they'll wander into town and head to Brad & Dills for a coffee and a bagel.

'We pay our way,' says Micky, 'although we do get a discounted rate. The morning is our time as a group. We'll relax, laugh and joke at the club then at Brad & Dills we'll have our coffee and something to eat and we'll start turning our minds towards the game.'

'We'll chat about the opposition. We'll have had them looked at so we'll run through what we want to reinforce with the players in the team talk.'

Then it's back to the club where it'll be all hands to the pump before the players start to arrive. The team will be picked and it's down to Micky to fill out the teamsheet for the match officials. 'I chat to the officials enough during the game, so I let Steve hand in the teamsheet.'

'I talk to Steve and Swanny more than I do my wife, to be fair,' he jokes. 'We often stay

at the ground until 11pm after training on a Thursday going through the squad and the shape for the game so we'll have a good idea of the team then. Then on Friday we'll have a chat. Nine times out of ten we're in agreement, rarely do we have completely different ideas, but it might come down to one or two players and if that's the case the final call is mine.'

The players are asked to be at the ground for 1.30pm but they start to arrive from 1pm. Any latecomers are dealt with by The Finemaster Jake Collins and other senior players Dan Palmer and Ryan Plowright.

At about ten to two, the music goes off and Micky and his team run through the tactics and tell the players what's expected of them before they go out to warm-up. There's then a shorter final message just before they go out for the kick-off.

But the all important question – what do the management team order at Brad & Dills? They are often in agreement here too.

'I go for a latte and an egg, cheese and hash brown bagel,' says Micky. 'Steve has the same. Swanny goes for a flat white and he's recently started having a bagel too. Goalkeeping coach James has the same bagel and a hot chocolate.'

Brad & Dills are Harpenden Town's men's team home shirt sponsors for a second season. Visit them at 67 High Street, Harpenden.

HARPENDEN TOWN WOMEN



Right in the title race

Harpenden Town Women are a point off the top of Division One North with a game in hand over leaders Dussindale and Hellesdon Rovers ahead of tomorrow's clash with Wootton Blue Cross Lionesses.

The team, managed by Jordan Williams, are on a run of six consecutive league wins after losing at Histon on the opening day and have scored 25 goals in the process.

Next month they face Dussindale and Hellesdon home and away in quick succession – matches which will go a long way to deciding who wins the championship and earns promotion to the Premier Division, which is in Tier 5 of the women's football pyramid.

Last time out in the league, Town thrashed Biggleswade United Reds 6-0. Sophia Amanor and Rebecca McShane scored two apiece and Belle Shannon and Chloe Dinsey added the others.

The team's only other defeats so far have come against sides from the division above in cup competitions. Luton Town ended the magnificent FA Cup run at the first round proper stage, and last Sunday Bowers & Pitsea won 6-2 here in the League Cup.

GREEN & GOLD

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2023-24 results & fixtures

Eastern Region Women's League Division One North

August

Sun 13 Histon A 3-4

September

Sun 3 Biggleswade United Reds A 2-1

Sun 17 **Fakenham Town** H **7-2**

Thur 21 Wootton Blue Cross A 2-1

October

Sun 15 **Stevenage Development** H **4-2**

Sun 29 **Newmarket Town** H **4-0**

November

No league games

December

Sun 3 **Biggleswade United Reds** H **6-0**

Sun 17 **Wootton Blue Cross** H

January

Sun 7 Dussindale & Hellesdon A

Sun 21 **Dussindale & Hellesdon** H

Sun 28 **Mulbarton Wanderers** H

February

Sun 4 Newmarket Town A

Sun 11 Thetford Town A

Sun 25 Mulbarton Wanderers A

March

Sun 3 Fakenham Town A

Sun 10 **Thetford Town** H

Sun 24 Stevenage Development A

April

Sun 7 Histon H

FA Cup

Sept 10 *Stanway Pegasus* H 3-2

Oct 1 *Toby* H 6-2

Oct 22 *Brantham Athletic* H 8-0

Nov 12 *Luton Town* H 0-3

Herts Senior Cup

Nov 19 *Cheshunt* H 3-1

Feb 18 *Royston Town* A

League Cup

Nov 26 *Wodson Park* A 3-1

Dec 10 *Bowers & Pitsea* H 2-6

Women's first team matches at Rothamsted Park are usually played on Sundays and kick-off at 2pm. Follow [Twitter.com/harpندن_twfc](https://twitter.com/harpندن_twfc) to keep up to date with the women's team news and fixtures.

Eastern Region Women's League Division One North

	P	W	D	L	F	A	Pts
1 Dussindale & Hellesdon Rovers	8	6	1	1	26	11	19
2 Harpenden Town	7	6	0	1	28	10	18
3 Newmarket Town	10	4	3	3	21	19	15
4 Wootton Blue Cross	9	4	0	5	21	19	12
5 Fakenham Town	9	3	3	3	25	28	12
6 Histon	9	4	0	5	18	21	12
7 Biggleswade United Reds	11	3	2	6	17	30	11
8 Thetford Town	7	3	1	3	15	11	10
9 Mulbarton Wanderers	5	2	2	1	14	13	8
10 Stevenage Development	11	1	2	8	18	41	5



2023-24 results & fixtures

Spartan South Midlands League Premier Division

August

Tue 1	Tring Town	A	1-1	137	Anthony (pen)
Sat 12	Shefford Town & Campton	A	4-2	91	Younger 2, Oluwatoyin, Gleeson
Wed 16	London Lions	A	4-4	60	O'Leary, Palmer, Andic, Monaghan
Sat 26	St Panteleimon	A	3-2	30	Palmer, Shuttlewood, og
Tue 29	Leverstock Green	A	0-2	118	

September

Sat 9	Dunstable Town	H	4-0	427	Ewington 2, Gleeson, O'Leary
Tue 12	Potton United	H	2-1	127	Anthony, Locke
Sat 16	Biggleswade United	H	1-3	169	Ewington
Sat 30	FC Romania	H	2-1	167	Plowright, Fitzgerald

October

Sat 7	St Panteleimon	H	0-1	151	
Tue 17	Crawley Green	A	3-4	40	Gleeson 2, Riley
Sat 28	Arlesey Town	H	2-2	131	Ewington, Rahho

November

Sat 4	Leverstock Green	H	3-1	201	Ewington, Locke, og
Sat 11	Potton United	A	0-0	101	
Sat 25	London Lions	H	3-2	142	Ewington, Andic, Crowter

December

Sat 2	Real Bedford	H	0-5	224	
Sat 16	Cockfosters	H			
Sat 23	Arlesey Town	A			
Wed 27	Colney Heath	H			
Sat 30	Milton Keynes Irish	H			

January

Sat 6	Baldock Town	A			
Tue 9	Stansted	A			
Tue 16	Sawbridgeworth Town	A			
Sat 27	Aylesbury Vale Dynamos	H			

February

Sat 3	Stansted	H			
Sat 10	Real Bedford	A			
Sat 17	Cockfosters	A			

March

Sat 2	Aylesbury Vale Dynamos	A			
Tue 6	FC Romania	A			
Sat 9	Tring Athletic	H			
Sat 16	Biggleswade United	A			
Tue 19	Crawley Green	H			
Sat 23	Baldock Town	H			
Sat 30	Colney Heath	A			

Rearranged fixtures

This week's two postponed fixtures have been rearranged. On Tuesday, January 2 we'll travel to Cockfosters for the Premier Division Cup tie. A week later, on Tuesday, January 9, we'll head to Stansted for the league game. Both will kick-off at 7.45pm.

April

Tue 2	Milton Keynes Irish	A
Sat 6	Sawbridgeworth Town	H
Sat 13	Shefford Town & Campton	H
Sat 20	Dunstable Town	A

Cup matches

FA Cup

Aug 8	Stanway Rovers	A	1-3	Machado
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FA Vase

Sept 23	Wembley	H	0-4	127
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Herts Charity Shield

Sept 19	Tring Athletic	A	1-3	Younger
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Herts Senior Challenge Cup

Oct 10	Ware	H	0-4	92
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Gladwish Challenge Trophy

Nov 14	St Panteleimon	H	2-2	65	Ewington, Locke
	<i>won 5-4 on penalties</i>				

Jan 23	Potton United	A
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Premier Division Cup

Jan 2	Cockfosters	A
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Premier Division

	P	W	D	L	F	A	GD	Pts
1 Real Bedford	18	16	1	1	66	12	54	49
2 Milton Keynes Irish	18	14	3	1	58	11	47	45
3 St Panteleimon	19	11	6	2	42	20	22	39
4 Leverstock Green	19	11	3	5	41	33	8	36
5 FC Romania	19	10	3	6	48	34	14	33
6 Biggleswade United	16	8	3	5	39	35	4	27
7 Harpenden Town	16	7	4	5	32	31	1	25
8 Cockfosters	16	6	6	4	35	27	8	24
9 Potton United	19	7	3	9	25	34	-9	24
10 London Lions	19	5	7	7	35	38	-3	22
11 Dunstable Town	17	5	5	7	28	31	-3	20
12 Tring Athletic	18	5	5	8	25	34	-9	20
13 Aylesbury Vale Dynamos	17	6	2	9	32	42	-10	20
14 Colney Heath	17	6	2	9	21	32	-11	20
15 Baldock Town	20	7	1	12	41	53	-12	19*
16 Crawley Green	19	4	4	11	28	46	-18	16
17 Shefford Town & Campton	15	3	4	8	23	46	-23	13
18 Stansted	14	3	3	8	19	32	-13	12
19 Arlesey Town	15	3	3	9	13	37	-24	12
20 Sawbridgeworth Town	15	0	4	11	15	38	-23	4

*Three points deducted

HARPENDEN TOWN

Manager: Micky Nathan
Colours: Green and gold

Eman Olajide (GK)

Jake Collins

George Robinson

Archie Locke

Daniel Palmer

Joshua Rodrigues

Tommy Smith

Ben Spranger

Lewis Williams

Joshua Kassaye

David Keenleyside

Spencer O'Leary

Ryan Plowright

Kyle Rahho

Ben Spaul

Harry Andic

Elliot Bailey

James Ewington

Hadley Gleeson

Archie McClelland

Reece Crowter

Isaiah Hilaire

COCKFOSTERS

Manager: Gavin Kelsey
Colours: All red

Charlie Mann (GK)

Neo Donoghue (GK)

Jerrell Cato

Kenny Nobrega

Matt Thomson (Capt)

Aiden Read

Jay Lovell

Antonio Michael

Ollie Finch

Harrison Rookard

Reece Barrett

George Lutaaya

Joe Entwhistle

Chris Griffin

Ethan Rookard

Gideon Sarpong

Cory Ugbomah

Luca Gordon

Ryan McMenemy

Charne Lembra

Prince Madu

Match officials

Terry Dawkins

Zheng Fang

Adam Marsh

COMING SOON AT ROTHAMSTED PARK

MEN'S TEAM

Wednesday, December 27
Colney Heath (League) 7.45pm
Saturday, December 30
Milton Keynes Irish (League) 3pm

WOMEN'S TEAM

Sunday, December 17
Wootton Blue Cross (League) 2pm
Sunday, January 21
Dussindale & Hellesdon Rovers (League) 2pm