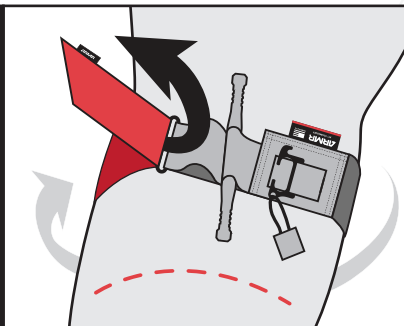


# INSTRUCTIONS FOR USE

## ARMR EXTREMITY TOURNIQUET

# XT1

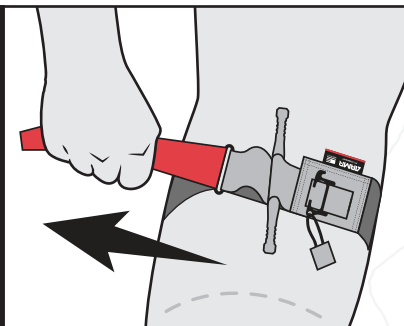
1



### APPLY ABOVE INJURY\*

Place the XT1 2-3" above the injury. Wrap the strap around the limb and feed it through the metal buckle.

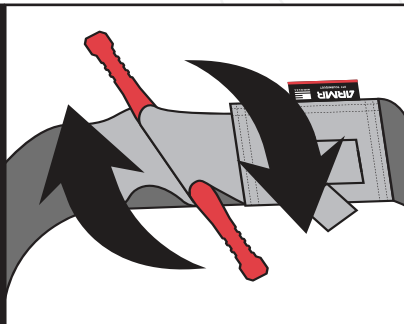
2



### TIGHTEN STRAP

Pull the tail of the strap tightly. While maintaining tension, securely fasten the strap back on itself all the way around the limb.

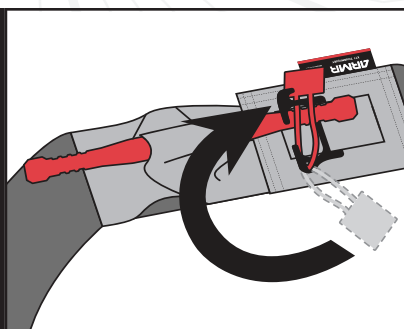
3



### TWIST ROD TIGHT

Twist the rod until bleeding stops and pulse is eliminated.

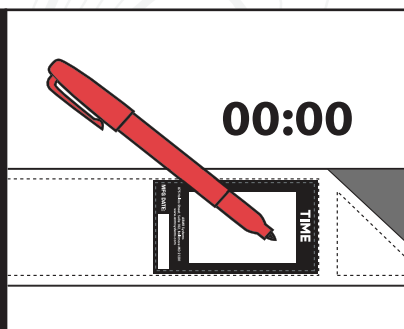
4



### SECURE ROD

Place rod in the clip and secure with elastic. Check for bleeding and pulse and tighten further if needed.

5



### RECORD TIME

Once the rod is secured, record the time of application.

### \* DISCLAIMER

If you cannot be sure or cannot take the additional time to examine where the bleeding is coming from based on the situation, the XT1 can be effectively applied over clothing as high on the arm and leg as possible. As soon as the situation permits, the injured limb should be evaluated and the XT1 repositioned 2-3" above the injury directly to the skin.

# XT1

## INSTRUCTIONS FOR USE

### ARMR EXTREMITY TOURNIQUET

#### INTENDED USE

The intended use of the XT1 Extremity Tourniquet is to occlude blood flow of an extremity in the event of a traumatic wound with significant hemorrhage.

#### INDICATION FOR USE:

- XT1 Should only be used as directed by user's military service component guidelines, EMS authority, or under the supervision of a physician, and in strict compliance with these instructions for Use.
- Target population for the XT1 is anyone with major bleeding in the upper or lower extremities, which is life threatening and cannot be stopped otherwise.
- The XT1 has a maximum operating circumference of 35 inches.

#### PRECAUTIONS:

- The XT1 must NOT be applied over solid objects within the clothing.
- Dispose of a used XT1 in accordance with local regulations for biomedical waste.
- Re-use of this single use device may introduce a risk of infection. This is a single use product.
- The XT1 should be stored in a cool dark place away from direct sunlight.

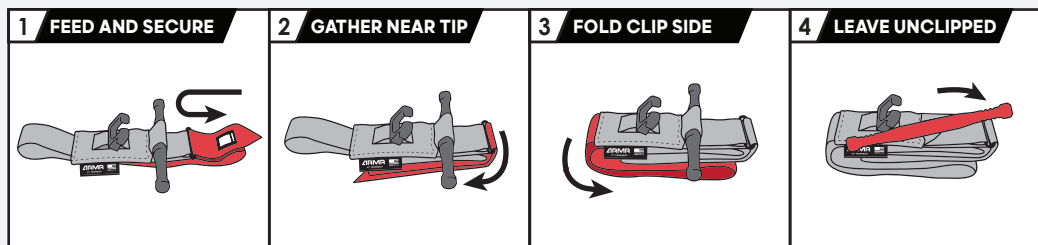
#### NEGATIVE SIDE EFFECTS:

- The use of a tourniquet longer than two hours may lead to permanent neurological or muscular damage.
- Application of the XT1 may cause skin, muscle, nerve, and blood vessel damage.
- Application of the tourniquet may be painful.

#### LIMITATION OF LIABILITY

ARMR SYSTEMS INC., its employees, agents, contractors, suppliers, and distributors shall assume no liability for injury or damages arising from the application or use of the XT1 Extremity Tourniquet. The user assumes all risk of liability.

#### STORAGE INSTRUCTIONS



Feed the tip through the slit in the buckle. Pull 6" of strap through, fold it back and adhere the strap to itself.

Flatten the loop formed by the band and gather on the side of the buckle.

Fold the remaining side of the loop under the tourniquet body.

Align the rod so it is unclipped and unsecured with elastic and store in pocket or holster for use and ready access.

**NOTE:** Other methods of storage may be preferred by individual users and are permissible as long as the tourniquet is pre-looped, accessible for one handed operation, and the rod remains unclipped/unsecured and ready for use without the use of fine motor skills.

EXTREMITY  
TOURNIQUET | IMPORTED PARTS  
MADE IN THE U.S.A. | **ARMR**  
ARMRSYSTEMS.COM

# XT1



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BALTIMORE, MD 21201 USA



**READ IFU BEFORE USE**  
SINGLE USE ONLY  
ARMRSYSTEMS.COM

#### SYMBOL GLOSSARY

Manufacturer	
Consult instructions for use	
Product is not sterile	
Do not reuse	
Medical device	

**NOTICE TO USERS / PATIENTS:**  
Any serious incident that has occurred in relation to the device should be reported to the manufacturer and the competent authority of the Member State in which the user / patient is established.

Patent Pending.

LBL-XT1-Gen1.0-IFU.061.24