STP CARE

Some STPs are made of a silicone material, these include the Calexotics Packer Gear STPs usually stocked by the Transformation Closet. They are body-safe, non-porous, and hypoallergenic. If taken care of properly, this item can last a lifetime. To prolong its lifespan, be sure to wash it before and after every use with warm water and a body-safe unscented antibacterial soap. Throw into a boiling pot of water for 5 minutes to sanitize it!

This STP can double as a packer. You may want to consider a packing pouch, strap, or briefs to hold it in place for packing.

If you are planning on using it just as an STP, you may want to carry it around in a baggie with you. A plastic baggie can be helpful to keep it separate from other items in your bag - just be sure to clean it well and air it out at the end of the day.

It is best to practice using the STP in the shower first so you can get a better understanding of how much control is needed regarding stream flow and get accustomed to holding the STP. Once you've got that down, try using it in your own bathroom, and then once you feel comfortable you can feel more assured using it in public washrooms. If you are in a space where you cannot thoroughly clean it out after its use, just wipe it down as best as you can with some toilet paper.

Updated resource by Sexual Health Nova Scotia - January 2025