



Wendy Newman

1. Is there anything you need from me that you're finding hard to get?

2. What did you make up about me/us this month?

We make things up about each other and our relationship. We relate to what we've made up like it's the truth. Answering this question can be fun, even silly. At times you'll be totally wrong, and other times you'll be dead right – make time to discuss this question.

Then turn the question around with the next statement. Each person takes a turn with both questions and statements.

What I think you made up about me/us is _____.

3. Is there anything you're not speaking up about to maintain the current situation?

4. Is there anything you've been trying to contribute to me that I've been resisting?

5. What I love that I want more of is _____.

6. The things I forgot to thank you for our _____.

7. When I did _____ I was showing my love for you.

8. How I experienced love from you is when you _____.

9. Is there anything we need to handle or decide about together?

10. The things coming up that you should know about our _____.
(Events, mood, alerts such as an anniversary of the death of a family member.)

11. What are you letting go or shaking off, and how can I support you?

12. What are you creating this month, and how can I support you?

13. What I most appreciate about you right now is _____.
Note the words "right now". Look for what's new about what you love and appreciate.

14. What I love about our partnership right now is _____.