

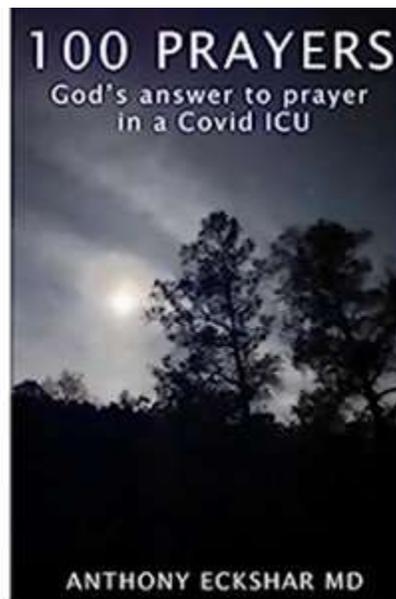
# Southwest Journal of Pulmonary, Critical Care & Sleep

Journal of the Arizona, New Mexico, Colorado and California Thoracic Societies [www.swjpc.com](http://www.swjpc.com)

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## Book Review: One Hundred Prayers: God's answer to prayer in a COVID ICU

By *Anthony Eckshar MD*



★★★★★ 15

[One Hundred Prayers: God's answer to prayer in a Covid ICU  
amazon.com](https://www.amazon.com)

The book is a very moving and spell-binding collection of the encounters between patients and physicians during the worst of the COVID-19 epidemic and Dr. Eckshar's prayers for each of them. A devout person can read this as a prayer devotional; however, it is much more - an authentic account of what doctors and nurses go through working in the ICU. This book might help encourage people who are searching for faith, especially those who face severe illnesses in themselves or a loved one. It may also encourage doctors, nurses and other healthcare workers who might have been burned out working during the pandemic. Its main message is that faith, compassion, and the scientific method must co-exist. It is also a great review of the history of COVID pandemic from the trenches of patient care in the ICU. For nonmedical people it should provide a clue to how doctors and nurses think. Hopefully, this book will lift everyone up and instill deep admiration and respect for the ICU doctors and nurses, and perhaps teach you a little something about faith.

Richard A. Robbins MD  
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