

Helena Youth Soccer Association

Helena Youth Soccer League (HYSL) Rules

Grade Level	K	1st	2nd	3rd/4th	5th-8th
Players on the Field	4v4	5v5	5v5	7v7* (Build Out Lines)	9v9
Team Size	6-8	8-10	8-10	10-14	12-15
Game Length	4 - 10 min Quarters	25 min Havles	25 min Havles	25 min Havles	30 min Havles
Ball Size	3	3	3	4	5
Goal Keeper	No	No	Yes	Yes	Yes
Referee	Coach	Coach	Yes	Yes	Yes
Offsides	No	No	No	Yes* (Build Out Lines)	Yes
Thrown-Ins	Kick-In	Yes	Yes	Yes	Yes
Headers	No	No	No	No	No
Goal Kicks	Yes	Yes	Yes	Yes	Yes
Corner Kicks	Yes	Yes	Yes	Yes	Yes
Free Kicks	Yes/4yds	Yes/4yds	Yes/4yds	Yes/8yds	Yes/10yds
Penalty Kicks	No	No	No	Yes	Yes
Drop Kicks, Punting (Goal Keepers)	No	No	No	No	No
Substitutions	Any natural stoppage of play, with the approval of referee.				
Slide Tackles	Slide tackles are not allowed at any level of play.				
Playing Time	Equal	Equal	Equal	Equal	Equal

***Build Out Lines in effect, see below rules link on website (www.heleneasoccer.org)**